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A TREATISE ON Tobacco, Tea, Coffee, and Chocolate.
Treatise on Tobacco, Coffee, and Tea.

In which

I. The Advantages and Disadvantages attending the Use of these Commodities, are not only impartially considered, upon the Principles of Medicine and Chymistry, but also ascertained by Observation and Experience.

II. Full and distinct Directions laid down for knowing in what Cases, and for what particular Constitutions, these Substances are either beneficial, or hurtful.

III. The Chinese or Asiatic Tea, shewn to be the same with the European Chameleagnus, or Myrtus Brabantica.

The Whole Illustrated with Copper Plates, exhibiting the Tea Utensils of the Chinese and Persians.

Written originally by Simon Pauli; and

Now Translated by Dr. [J A M E S].

Ante omnia scire convenit Naturam Corporis; quia ali graciles, ali obesi sunt, ali calidi, ali frigidiiores, ali humidi, ali sicctores, alios adspiriata, alios resoluta, alvos exer. cet.

Celsus, Lib. 1. Cap. 3.

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M, DCC, XLVI.
A TREATISE ON TOBACCO, &c.

Nicolaus Monardus, in Simpl. Med. Histor, has given so full and accurate an History and Description of Tobacco, that others have only borrowed their Accounts of it from his Works, we shall, in the Words of that Author, in Cap. 14, inform the Reader what Tobacco is, where it is produced, and to what Uses it is applied.

"The Plant Tobacco, says he, was formerly used by the Indians, and especially by the Inhabitants of New Spain, for the Cure of Wounds. A few Years ago it was imported into Spain, rather for the Decoration of Gardens, than on Account of its medicinal Virtues: But it is now more
more celebrated for the latter, than used for the former.

"This Plant is among the Indians called \textit{Picelt}; for the Spaniards first called it \textit{Tobacco} from a certain Island of that Name, where great Quantities of it were produced.

"It rises to a great Height, and is sometimes as tall as the \textit{Lemon-Tree}. Its Trunk is strait, and sends out many large Branches, which bear Leaves almost resembling those of the \textit{Lemon-Tree}, but larger, like those of the \textit{Burdock}, of a faint green Colour, and a little rough and shaggy, as the Whole of the Plant is. The Tops of the Branches bear Flowers of the Shape of a small Bell, which are white at the Extremities, but of a purple Colour in the Middle; and when these Flowers fall off, they are succeeded by small Heads, which resemble those of the \textit{Black Poppy}, and contain a very small cineritious blackish Seed. The Root is thick, divided into many Parts, internally of a ligneous or woody Nature, Saffron-coloured, bitter, and easily deprived of its Bark: But I am acquainted with no medicinal or other Quality of which it is possessed.
"The Plant grows in most Places of the Indies, and especially those of a moist and shady Nature; and in light well cultivated Soils: It may be sown at all Seasons; but when it appears above Ground it is to be preserved from the Cold, and may be transplanted for the Decoration of Garden-Walls; for, like the Citron-Tree, it continues green through the whole Year.

"The Leaves are only used; though when these cannot be had, some use the Seeds in their Stead. The Leaves are preserved by passing a Thread through them, suspending them in a shady Place, and thus drying them, after which they are used either whole or reduced to Powder.

"Tobacco is hot and dry, and consequently heats, resolves, cleanses, and is a little astringent, as will appear from these following Virtues, of which it is possessed.

"The Leaves of Tobacco heated and applied, prove an excellent Remedy for a Cephalæa, and Hemicrania, provided these Disorders arise from a cold Cause, or Flatulences, but the Use of them is to be often repeated, till the Disease is removed. Some, before the Application of them, anoint the Head
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"Head with the Oil obtained from the
Flowers of the Orange-Tree. The same
Remedy is beneficial for a Rigidity of the
Neck or Tetanus, and for Pains of the
whole Body, arising from the same Cause.

"When a Tooth-ach proceeds from a
cold Cause, the wiping the affected Tooth
with a Linen-Cloth, soaked in the Juice
of Tobacco, and then putting a Piece of
the Leaf, made up in Form of a Pill,
into the Hollow, not only removes the
Pain, but also prevents the spreading of the
Corruption.

"A Decoction of Tobacco-Leaves with
Water, and a Linétus prepared of the same
Decoction, are beneficial in Disorders of
the Breast, inveterate Coughs, Asthma’s,
and other similar Disorders proceeding
from cold Humours. A small Quantity
of a Syrup prepared of Sugar, and a De-
coction of the Leaves eliminates any pu-
trid Humours lodged in the Breast. The
Smoak of Tobacco-Leaves received into
the Mouth, sometimes affords Relief to
asthmatic Patients; but proper Evacuations
ought previously to be made, if the Pa-
tient’s Condition can possibly admit of it.

"Tobacco-Leaves heated under the Ashes
"and
and applied to the Pit of the Stomach, without shaking the Ashes off, afford Relief to Persons afflicted with a Rumbling of the Intestines, and Flatulencies. For the same Purposes others bruise the Leaves with their Hand, anointed with Oil, and apply them to the Region of the Stomach. The Leaves triturated in a little Vinegar, long used by way of Ointment, and bound upon the Parts affected, are beneficial in Obstructions, or Schirrous Tumours of the Stomach and Spleen; but over this Preparation warm Leaves, or a Cloth soaked in the warm Juice of the Leaves, are to be applied frequently every Day. When the Leaves cannot be had, Snuff may be mixed with any deobstruent Ointment, and the obstructed or tumid Part long anointed with it.

The Indian Women greatly extol the Use of Tobacco, not only for Children, but also for adult Persons who are afflicted with Crudities of the Stomach; for after anointing the Abdomen with Lamp-Oil, the Leaves heated under the Ashes, and applied opposite to the Stomach, on the Breast and Back, concoct the Crudities, and render the Body soluble, provided the Application is repeated sufficiently often. A small Quantity of the Juice of Tobacco Leaves,
"Leaves, concocted and depurated with Sugar, expels both flat and round Worms from the Intestines; but for answering this End more effectually, the triturated Leaves ought to be laid upon the Navel, and a proper Clyster injected.

"The Leaves heated under the Ashes, and applied as hot as the Patient can bear, afford great Relief in nephritic and flatulent Pains, provided the Remedy be sufficiently often repeated. Tobacco is also in many Cases an useful Ingredient in Clysters, Fomentations, and Plaisters.

"In Suffocations of the Uterus, the Leaves rendered sufficiently hot, and applied to the Navel, and Region of the Uterus, afford present Relief; and if a Deliquium should succeed, which it frequently does, the Patient will be forthwith roused from it by blowing the Smoak of Tobacco up her Nostrils. This Practice is so common among the Indian Women, that for this very Reason they carefully preserve and greatly esteem Tobacco Leaves. Some for uterine Disorders previously apply odorous Substances to the Navel, and then lay Tobacco Leaves over them: But the most proper Substances for this Purpose, are Tachamahack, Oil of liquid Am-
ber, Peruvian Balsams, Caranna, or a Plaister of all these together worn daily on the Navel.

Arthritic Pains, provided the Humours are cold; or at least are not too hot, are greatly relieved by the Application of the warm Leaves, or of a Linen-Cloth soaked in the warm Juice of the Leaves; for these resolve and digest the Humours; for which Reason they are advantageously laid upon oedematous Tumours, previously washed with the warm Juice of the Leaves.

It is certain from Experience, that Childblanes are cured by rubbing them three or four Times with Tobacco Leaves, and then washing the Hands and Feet in warm Water and Salt.

A few Years ago Tobacco has been found to resist Poison, even that of the most virulent Kind, with which the Cannibals taint their Arrows. It was formerly customary to sprinkle Sublimate into the Wounds thus inflicted; but the Spaniards found a Method of subduing the Force of the Poison by Means of Tobacco.

A Company of Cannibals made an At-
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"tack upon a Body of Indians and Spaniards, some of whom were killed and others wounded with their poisoned Darts. But as those who survived had no Sublimate, they were advised by a certain Indian to pour the expressed Juice of Tobacco into their Wounds, and then apply the triturated Leaves of the same Plant to them, by which Means their Pains were forthwith alleviated, the Symptoms checked, the Force of the Poison subdued, and the Wounds cured. This Accident laid a Foundation for the subsequent Use of Tobacco against Poisons; and the King of Spain, in order to be convinced of its Efficacy, ordered a Wound to be made in the Throat of a Dog, and to be anointed with the Poison used by Hunters; soon after which a large Quantity of the Juice of Tobacco was poured into the Wound, and the triturated Leaves of the Plant applied to it, by which Means the Dog was effectually secured against the Symptoms usually produced by Poisons.

"Tobacco Leaves laid upon pestilential and malignant Carbuncles induce an Elixir, and induce a Cure; nor are they a less present efficacious Remedy against the Bites of poisonous Animals.

"The
"The Leaves, when laid upon recent Wounds, immediately stop the Hæmorrhage, and produce a Conglutination; but if they are large, they ought to be previously washed with Wine, their Lips brought into Contact, and sprinkled with the Juice of the Leaves, after which the triturated Leaves are to be secured upon the Wound: The same Measures are to be taken the next and subsequent Days, and a proper Regimen observed.

"An Infellation of the Juice, and an Application of the triturated Leaves deterge, cure, and cicatrice old Ulcers and Gangrenes; provided due Evacuations are made, a sufficient Quantity of Blood, if necessary, is taken away, and a proper Regimen observed.

"By this Means Ulcers are not only cured in Men, but also in Animals. For through all the Indies, Cows, Sheep, and other Animals, are much subject to Ulcers, which, on Account of the excessive Humidity of the Climate, easily become putrid, and full of Worms. In these Ulcers it was sometimes customary to sprinkle Sublimate, the Inhabitants being destitute of better Remedies. But as this Medicine is dear in that Part of the World, what
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what was used for the Cure of those Ulcers generally cost more than the Animal was worth. For this Reason the Inhabitants, conscious of the Efficacy of Tobacco on Mankind, transferred its Use to the putrid, fetid, and wormy Ulcers of Animals; and accordingly found that its Juice instilled into them, not only killed the Worms, but also cleansed the Ulcers, and induced a Cicatriz. Tobacco is also good against the Gallings of Cattle, for which Reason the Indians always carry the Powder of it about with them.

I knew a certain Person afflicted with Ulcers of the Nostrils, which discharged a seemingly contagious Sanies. By my Advice he dropped the Juice of Tobacco into them; after the second Instillation a large Number of Worms fell away; then a smaller Quantity; and after a few Days the Ulcers were cured, though the Parts eroded were not restored. The rubbing Ring-worms and Scal'd Heads with Tobacco Leaves is also a beneficial Practice.

Tobacco is the celebrated Plant used by the Indian Priests before they give their Responses; for it is customary among the Indians to consult the Priests with respect to the Event of Wars, and other Affairs of
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of Importance. Upon such Occasions, the Priest consulted, burnt dry Tobacco Leaves, received the Smoak of them into his Mouth through a small Tube contrived for that Purpose, then dropped down as it were in an Extasy, lay totally destitute of Motion, and remained in that Condition for some Time. When the Fumes of the Tobacco were dispersed, he returned to himself, told that he had communicated the Affair to his Demon, and gave such ambiguous Responses, that, whatever the Event should be, the superstitious Crowd might be easily persuaded, that he had prophesied rightly. Thus the credulous Barbarians are miserably hood-wink'd by the impious and fraudulent Stratagems of their Priests.

The common People among the Indians also receive the Smoak of Tobacco into their Mouths and Nostrils, when they want either to be transported with pleasant Dreams, or to predict the Events of their Affairs from the Occurrences which happen to them during Sleep; for as the grand Impostor, the Devil, knows the Virtues of Herbs, he has taught them the Qualities of Tobacco, in order to deceive them by means of these Dreams.

Various
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"Various Plants, when chewed, or taken internally, are observed to excite false and delusory Representations and Ideas of Objects. Thus Dioscorides, in Cap. de Sclano Maniaco, seu Furioso, tells us, that a Dram of the Root of this Plant, drank in Wine, produces false, tho' not unpleasant Representations; that double the Quantity produces an Alienation of Mind, which lasts for three Days; and that four Times the Quantity proves mortal. It is also reported, that if a Person, when he is going to sleep, eats Ani-seeds, they excite pleasant and agreeable Dreams; whereas, the eating of Horse-Raddish procures those of a turbulent and ungrateful Kind.

"Garcias ab Orta informs us, that the Juice of a certain Plant called Bangue, mixed with some other Juices, produces Alienation of Mind, excites Dreams, and frees the Mind from all Anxiety and Un-easiness: The like Effects are brought about by Opium, which is much used by the East-Indians, and concerning which Garcias has treated very largely.

"The Indians also, when fatigued by carrying Burdens, or by any other violent Exercit, smoak Tobacco, by which Means they
they become as it were stupid, and fall asleep; but when they awake, they find themselves refreshed, and their Strength repaired. The *Ethiopians* brought thither as Slaves, following the Example of the Natives, smoak *Tobacco* too frequently, for which their Masters chastise them severely, and burn their *Tobacco*, in order to deprive them of an Opportunity of using it, which, however, they continue to do secretly and in private.

*Tobacco* is also used by the *Indians* in order to allay Hunger and Thirst; for they calcine some Shells of River-Snails, and by Trituration reduce them to a fine Powder, of which, and *Tobacco* Leaves, they take equal Parts, and chew them together till they are reduced to a Kind of Mafs, which they form into Pills, larger than a Pea: These they dry in a Shade, and preserve for Ufe. When they intend to travel through Deserts, where they expect neither Meat nor Drink, they take a sufficient Quantity of these Pills along with them, put one between their Under-Lip and Teeth, and constantly suck the Liquor from it; so that when one is consumed, they supply its Place with another, and thus they perform a three, and sometimes a four Days Jour-
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ney; during which Time, they say, they neither feel the Effects of Hunger nor Thirst: The Reason of this probably is, that as they continually suck these Pills, they draw the pituitous Humours from the Brain, which being swallowed, moisten the Stomach, and allay its natural Heat, but are at last consumed by it for Want of other Aliments. Instances of a similar Nature may be observed in many Animals, which, during the whole Winter, confine themselves to their Holes without any Food; because the natural Heat of the Stomach is employed in digesting and consuming the Fat which they had gathered in the Winter.

These are all the Virtues and Qualities of Tobacco known to Monardus: But, besides this, Zacutus, in Observat. Lib. 1. de Medic. Princip. Histor. informs us, that he had often found the Juice of Tobacco effectual for the Cure of an Alopecia or Falling off of the Hairs: Nor is this to be wondered at, since, as the Medicine indicated ought to bear an Analogy to the indicating Symptoms, as Tobacco is hot and dry, resolvent, cleansing, and somewhat astringent; and as all these Qualities are, according to Galen, indicated in an Alopecia, Zacutus might succeed in the Cure of it by means of Tobacco. I remember
member two Girls, who being indisposed,
had a Lixivium, in which dry Tobacco
Leaves were macerated, prescribed for taking
the Scales off their Heads; but the one was
seized with a gentle Vertigo, and the other
thought she perceived herself as it were,
drunk. But I mention these Accidents for
the Sake of young Practitioners, without any
Design to discourage them from applying
Tobacco and its Preparations to other Parts
of the Body; for the celebrated Hartmann
seems to have thought the Essence of the
green Leaves of Tobacco, obtained by Infu-
•sion in Malmsey Wine, a Specific for the Cure
of the Palsey; and after a Sweat has been
procured, orders the paralytic Limbs to be
long rubbed with it; by which Means, he
says, he has often seen them happily re-
stored.

Though Tobacco is a valuable Herb, yet
the Abuse of it, which we shall afterwards
consider, is intolerable, and highly noxious.
Besides, Monardus, Aegidius Everartus, in
1587, at Antwerp, published a beautiful
Commentary upon the Virtues and Uses of
Tobacco: And when the same Work was re-
printed at Utrecht in 1644, various Treatises
concerning Tobacco were added to it; such
as the Miscoapnus, or a Treatise on the Abuse
of Tobacco, taken from the Works of King
James.
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James the Sixth of England; Tobacologia Johannis Neandi. Epistolae ac Judicia clarissimorum aliquot Medicorum; and the Hymnus Tabaci Raphaelis Thorii. After these Authors appeared Chrysofomus Magnenus, Professor of Medicine in the University of Padua, who in 1648, published very learned Exercitations concerning Tobacco. Not only from the Authors already mentioned, but also from Andreas Cæsalpinus; Dalechampius's Historia generalis Plantarum; Lobelii Adversaria, Clujius in his Notæ ad Monardum; Dodonæus; Tabernamontanus; Nardi Antonii Recchi Res Medicæ Novæ Hispaniæ, cum Terentii Lyncei Notis, we learn what is the native Soil of Tobacco, and how the Knowledge of it was introduced into Europe after the Discovery of America by Christopher Columbus and Americus Vesputius. Some of these Authors have also described its Virtues and Use, whilst others of them have treated very fully concerning the Abuse of it. Following the Example of these great Men, I shall proceed, without any Partiality, and with that Freedom which is always peculiar to Truth. This is certainly a difficult Attempt, considering the Opposion and Prejudice with which I have to grapple. But before I proceed, I shall take Notice of the Error of Libavius, who, according to Magnenus in Exercit. 1. Par. 1. afferts, that Tobacco
Tobacco was a Native of Europe, since it was found in the almost inaccessible Places of the Hercynian Forest: But adds this Author, Who denies that Seeds are dispersed, and carried everywhere by the Winds? But it is by no means probable, that the Seeds of Tobacco, which, comparatively speaking, are as small as the Atoms of Democritus, could, by a Whirlwind, be conveyed to the Hercynian Forest in Germany, from France, Italy, or Spain, much less from America. This is a Plant of a particular specific Kind, and the Native of America: Neither does any Historian mention such a Whirlwind for the Dispersion of its Seeds. It is true, Mount Ætna in Sicily, and Mount Hecla in Iceland, by their sulphureous Eruptions, throw the Ashes to a vast Distance: But it does not to me seem probable, that the Air should ever be in such a gyratory Motion, as to convey Seeds from one Quarter of the World to another, or from one Country to another, though it is not to be denied but they may be carried from a Plain to a rising Ground, or from one Garden to another adjacent to it.

Those Authors, who have called Tobacco Herba rixosa, the Strife-producing Herb, and Herba infana, the Plant which excites Madness, seem not to have been very much in the wrong; for what is more frequent than

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for People of all Denominations to spend the whole of the Day smoking Tobacco in Ale-Houses and Taverns? Nay, so fond are young and old Men of Tobacco, that the Father forgets the Interests of the Son, and the Son those of the Father for its Sake. Thus some Men use large Quantities of Tobacco, whilst, perhaps, their Families are starving at Home; Whereas some Children spend upon Tobacco what their industrious Parents had, with Toil and Care, amassed for their Use. Nay, such is the Madness of some Europeans, that they will, for a Trifle, dispose of their Goods, in order to gratify themselves with Tobacco.

King James the Sixth of England tells us, "that, among the Americans, a Servant addicted to the Smoking of Tobacco, can hardly find a Purchaser; so odious is that Custom to the Authors of it themselves." We Europeans, however, are so infatuated and hood-winked, as yearly to fail to America, spare no Expences, and expose ourselves not only to Storms and Tempests, but also to Sickness and Death, for the Sake of Tobacco; and it is certain, that our Men, on their Return from America, spread through all Europe the Neapolitan Disease, which, as Fiorovanta thinks, was endemical to the Americans, on Account of their eating human Flesh.
This, to use the Phrase of Agrippa, de Vanitate. Scientiarum, Cap. 84. is to purchase Death at a great Price. The Indians and Barbarians have such an Aversion to the Abuse of Tobacco, that they severely chastise the Ethiopians and Slaves for it, and burn their Tobacco; probably, because they suspect that it renders them valetudinary, and disables them to work; in which Situation they are a Burthen upon their Masters. According to Viganenius, in Lib. de Ritibus Moribus, Turcarum; and Johannes Chrysostomus Magnenius, in Exercit. de Tabac. Exercit. 6. §. 10. Amureth, the 4th Emperor of the Turks, by an Edict, prohibited the Use of Tobacco, under Pain of Death, lest, by the Abuse of it, his Subjects should become effeminate, feeble, and barren. According to Adamus Olearius, in Lib. 3. Cap. 6. the Emperor of Muscovy, in 1634, by an Edict prohibited the Importation of Tobacco and Snuff into his Territories, under the Penalty of being beat with Rods, and having the Nostrils slit in Case of Disobedience: And the same Author says, he saw some who had these Marks of Infamy inflicted upon them. In Lib. 5. Cap. 31. he also tells us, that Schach Abas, the Persian Monarch, prohibited all Use of Tobacco in that Army, which he raised against Tameran Chan under the Penalty of the Offender's having his Nose and Lips cut...
cut off; nay, he was so rigid, or rather cruel in his Discipline, that when a certain Persian, ignorant of the Edict, came into his Camp with some Tobacco to sell, he ordered both him and his Commodities to be thrown into one Funeral Pile and burnt.

These, and other similar Examples, might perhaps have a lucky Influence on some Europeans, unless the Custom of using Tobacco had become so prevalent and universal, that James the Sixth said he believed "that a whole Wood in England would hardly afford Trees enough for hanging the Dealers in Tobacco." Hoffman, in Lib. 2. de Medicam Officinal. Cap. 3. informs us, "that this Prince, in the University of Oxford, disputed publickly against the Use of Tobacco, giving Instances of Persons who used it, who were afflicted with incurable Disorders of the Breast, Deliriums, Watchings, and Convulsions; and after whose Death, the Lungs were found black and parched, just as if they had been indurated in Smoak." The same Hoffman informs us, that he was told by some Soldiers who had resided in Holland, "that upon dissecting the Heads of some Snuff-takers, who had been executed, they observed, that the whole internal Part of what Anatomists call the Patera of the Brain,
"Brain, was black with Snuff." He was also told by *Patricius Noræus*, "that in the last *Bohemian* War, he saw all the Heads of the *English* Soldiers, who were killed, in the same Condition." *Nardus Antonius Recchus*, in *Lib. 5. Rer. Medicar. Nov. Hisp.* observes, "that those who use "Tobacco too frequently, become ill coloured, have a squalid, forbid Tongue, a Palpitation of the Throat, and a preter-natural Heat of the Liver, and fall into Cachexies and Dropsies, by which they are at last cut off." Thus they suffer for their Folly in gratifying themselves in so pre-posterous a Manner.

But without expatiating farther upon Things so obvious, let it suffice to have warned the Reader of his Danger, by the foregoing Observations. That Smoaking is more prejudicial and injurious than Snuffing, I think may be justly asserted, if we consider the Instances which Anatomists give us of the Effects produced by each, which we shall hereafter do: I must, however, here observe, that we cannot enough admire the Zeal of *James* the Sixth of *England*, for the Good of his Subjects; since, in the last Words of his *Misocapnus*, he expostulates with them in the following pathetic and affectionate Manner: "At last, therefore, O Citizens, if..."
you have any Sense of Shame, or Dread of
Infamy, left in your Bosoms, lay aside the
Use of Tobacco, a Custom attended with
Ignominy, received through Error, and
established by Stupidity. By its Means
the Wrath of Heaven is excited against us,
the Health of our Bodies impaired, our
Substance wasted, and the Dignity of our
Nation not only diminished at Home,
but also despised Abroad; for Tobacco is
a Substance loathsome to the Sight, disa-
greeable to the Smell, noxious to the Brain,
injurious to the Lungs, and, by its Clouds
of black Smoak, nearly resembling the
horrid Steams of Hell.”

If any Champion for the Interests of To-
acco, deaf to my salutary Instructions, should
ask me whether I would have the Pope, the
Emperor, and all the Kings, Electors, Prin-
ces, and Dukes in Europe, prohibit and dis-
charge the Use of Tobacco? I answer, that
such a Revolution is really to be wished
for, on Account of the Abuses of Tobacco
before enumerated. But, before I proceed
to give a fuller Answer, I would have the
Person who asks this Question, attentively
listen to the following sublime and truly
noble Sentiments of Seneca, in Lib. de Vita
Beata, Cap. 1. “Nothing, says he, is more
worthy in itself, nor more becoming the
Dignity
"Dignity of a free-born Soul, than not, like
the Cattle, implicitly to follow the Van of
the Flock, going, not whither we ought
to go, but whither they go before us.
But nothing involves us in more terrible
Misfortunes, than our judging of Things
by Fame and Report, esteeming those
Things best, which are most universally
assented to, and approved, as we find in
numberless Instances. We neither live
agreeably to the Dictates of Reason, nor
in a Manner that is uniform and con-
istent with itself: Hence it is, that such
Numbers of Individuals fall, as it were,
upon others. In a large and crowded
Army, none falls without drawing another
along with him, and the foremost prove
fatal to those who succeed them. The
like happens in every Part and Circum-
stance of human Life; for it is the uni-
versal Practice to impose upon our own
Reasons, and, by that Means prove the
"Cause of Errors to others." It is there-
fore to be lamented, that we Europeans
should thus brutally follow the Custom of
the Barbarians, without listening to Reason,
in which we so far excel them, since, to
use the Expressions of Salut, "They are
"addicted to Intemperance and Sleep, to
"rude and uncultivated, that they seem to
"lead the Life of Brutes, rather than that

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of Men, since they indulge themselves in
Voluptuousness, whilst their Souls are a
Burthen to them.

In a word, they live
in a no less brutal Manner, than the Inhabi-
tants of the Main Land of Africa, who, ac-
cording to Hippocrates, in Lib. de Morbo sa-
pra, "lie upon Goat-Skins, and eat Goat's
Flesh, without any Bed-Cloths, or Gar-
ments, or Shoes, except what are made of
Goat-Skins." The Americans are still
worse, since they feed upon human Flesh,
have nothing to cover them, and pass their
Time in distant Places, and lurking Holes.
Since, therefore, the Climate, Soil, and
Non-Naturals of the Americans, are widely
different from those of the Europeans, it
is highly reasonable, that we should neither
admit, nor tolerate, the continual and habi-
tual Use of Tobacco in Europe.

Cornelius Agrippa, in Lib. de Vanitat. Sci-
ent. Cap. 84. seems, with a good deal of
Reason, to think, "That it would greatly
contribute, not only to the Health of Man-
kind, but also to the Interests of particular
States, to prohibit the Importation of fo-
reign and exotic Drugs, which are often
counterfeited, or adulterated, by those who
deal in them, to the great Detriment of
the State." No less salutary and reason-
able is that Law enacted at Rome by Nero;
which
which runs in the following Tenor: "Apo-
thearies are hereby injoined, to use no
other Medicines, but those found in Italy,
since these are not only better suited and
adopted to the Constitutions of Romans,
but may also be had far fresher, more ge-
nuine, and with less Difficulty, Expences,
and Danger, than foreign Medicines, the
most of which are justly to be suspected,
as sophisticated, spurious, spoiled in the
Ship, corrupted by Age, or not collected
at due Seasons, or in proper Places." Since
the Diseases described by the Antients, some-
times seize the Europeans, though with new
and uncommon Symptoms; and since new
Diseases also appear in Europe, I think it is
not to be doubted, but the Meats, Fruits,
and other Delicacies, sent from Asia, Africa,
and America, into Europe, are, in some Mea-
fure, the Sources of our Calamities.

But, without any farther Digression, I shall
confine myself to the Abuse of Tobacco. That
Tobacco, when used with Prudence and Pro-
priety, is a salutary Medicine, I do not de-
ny; since I myself use it with great Advan-
tage in the Spring and Autumn, at which
Seasons I am afflicted with catarrhous De-
fluxions. Most People, when only seized
with a gentle Cough, are so cautious, as not
to venture upon a small Dose of the Syrup of
Violets,
Violets, or Liquorice, without consulting their Physicians, Friends, and Nurses; but vast Numbers of the Europeans, without any Advice, greatly incommode and disturb the Brain, the Seat of their Reason, by using the highly penetrating Smoak of Tobacco, in the Morning and Evening, in the Night as well as the Day, and in all States and Constitutions of the Weather, calm and serene, as well as cloudy and over-cast. Let us therefore lay aside this barbarous Custom, so fatal and prejudicial to Health.

Besides, it is probable, that the crafty Americans, sensible of the vast Quantity of Tobacco yearly imported into Europe, may, for the Sake of Gain, impose upon us; for it is certain, that our own Merchants, influenced by a base and sordid Principle of Avarice, have long ago found Methods of adulterating Tobacco by Means of Brine, Lemons, Vinegar, Wine, and Euphorbium. But with respect to these Frauds, the Reader may consult Neander in his Tabacologia. Besides, it is hardly credible, that the Roaps brought from America, under the Name of Tobacco, consist entirely of good and found Tobacco Leaves: For almost every one knows, that the Marks of the Goodness of Tobacco, whether drawn from the Colour, Smell, Taste, or Weight, vary very greatly among the Europeans;
ruropeans; who, to their Disgrace be it said, have learned to hang their Tobacco, when corrupted, insipid, or light, in Houses of Office, or Vaults, in order to be rendered more acrid and ponderous by the volatile Salts of human Urine and Excrements, under a specious Pretence, that these Salts render it beneficial and salutary, by cleansing the Head; which, they say, is highly beneficial to Persons who drink much. But this is certainly an improper and prejudicial Method of treating the Head, and, evacuating its Excrements; concerning the copious Production of which, by means of the corrupted Temperature of the Brain in Persons who daily smoke Tobacco, we shall afterwards treat.

Having premised these Things, we now come to decide a Question lately begun to be agitated, namely, Whether Snuffing or Smoaking is the more innocent and safe Custom? I affirm, then, that both are generally pernicious, and none of them to be recommended to any one without great Caution and Deliberation: Though I remember I was formerly a Smoker of Tobacco, yet, I am of Opinion, that Snuffing is a less injurious and hurtful Practice. Some are of Opinion, that by the constant Use of Snuff, the Sight is rendered more clear and penetrating; but with
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with how great Danger this Practice is accompanied, is sufficiently confirmed by Adrianus Spigelius, in Corp. human. Fabr. Lib. 7. Cap. 2. where he proposes a Problem, together with its Answer, in the following Words: "What is the Cause, why many Persons, by often repeated Sternutations, especially when industriously excited, suddenly become blind? This happens, either because the Ramifications of the carotid Arteries, which are so near the Optic Nerves as to touch them, are so filled, as to compress them; or, because a large Quantity of pituitous Humours is conveyed from the Brain to the Optic Nerves, which are thereby obstructed. When the Disorder arose from the former of these Causes, I have seen the Patients cured by a Seton; but, when it proceeded from the latter, I never remember to have seen it cured." Job. Chrysostomus Magnenus, in Exercit. 8. de Tabaco. §. i. affirms, "that by violent Sternutation, some Persons have died; since by it the Head has been so strongly agitated, as by the Effort to burst the Meninges, and relax the Compages of the Brain." And this Opinion he confirms by the Example of a certain Baker, mentioned by Famianus Strada, "who, when he had twenty-four Sternutations immediately succeeding each other, died of "
"the twenty-fifth, by the violent Shock, of which the Arteries of the Brain, and Membranes surrounding it, were broken." The same Author, in Sect. 4. of the last-cited Chapter, affirms, "That he saw a certain Man, who by the excessive Use of Snuff, had the chrysaline Humours of his Eyes corrugated, so that all Objects seemed to be in a Kind of fluctuating Motion before him."

If it should be objected, that such Accidents are rare; I answer, that though they are rare, yet they are not impossible; and, what has happened to some, may also be the Fate of others. Though, therefore, the Falx of the Dura Mater, and the Torcular of Herophilus, the fatal Seat of an Apoplexy, are not forthwith so disordered as to yawn by Snuffing, yet the Interests of the Five Senses are but ill consulted, by often drawing from the Brain with Snuff, what we call Snot or Mucus, which is evacuated through the Nose; or rather, according to Galen, and other Anatomists, through the Os Ethmoides, which is the Organ of Smell, but not at all destined for eliminating the Excretions of the Brain. Thus Persons who use Snuff to Excess, instead of bettering, rather impair their Sight, and for their Pains generally lose the Sense of Smelling.

As
A TREATISE on

As the Person who, for his Crimes, has lost his Ears, is looked upon with Infamy; what better Treatment does he deserve, who, either through a Contempt of Medicine, or an obstinate Fondness to gratify his own Inclinations, either impairs or destroys those Senses, which indulgent Heaven has bestowed upon him for so noble Purposes! With respect to Instances of this Misfortune, and the Reasons why it happens, Magnenus in Tr. de Abusu Tabaci, Exercitat. 6. Sect. 15. speaks in the following Manner: "The Sense of Smelling, as I have been told by many, who have either snuffed or smoked to Excess, is abolished by the Abuse of Tobacco, because the mamillary Processes are thereby dried, so that when they are rendered drier than the Effluvia exciting the Perception of any Smell, they cannot be duly acted upon by such Effluvia; for Smell, according to Aristotle, in Lib. 3. de Animal. consists in the dry Effluvia passing the Moisture of these Processes; so that the common Sensory may have a Change produced in it by proper and adequate Objects." Magnenus also, in Exercit. 28. Sect. 1. tells us, "That he knew a Man, who, in one Day, snuffed four Ounces." After which, he proceeds to enquire into the Advantages and Injuries attending the Use of Snuff; and to consider why
why it excites Sternutation in those who are not accustomed to it, but not in those who are. This accurate Author also, among other Reasons against the excessive Use of Snuff, advances this, that it may enter the Passages of the Os Ethmoides, form itself into Congregations, and there lodge for a great while. Hence, it is sufficiently obvious, that when the Passages and Perforations of this Bone are obstructed by Snuff, the Air can neither have Access to the Brain for its Ventilation, nor can the Effluvia of odorous Bodies be conveyed to it; in Consequence of which, the Sense of Smelling must necessarily be lost. Though this should, perhaps, be looked upon as a trifling and inconsiderable Loss; yet Snuff, by its highly narcotic, heating, drying, penetrating, and unctuous Qualities, has such an unlucky Influence on the eighth Pair of Nerves of Spigellius, or the first of Bartholin, which are appropriated to Smelling, that it gradually impairs, and, in process of Time, totally destroys that Sense; because this Pair of Nerves is conveyed to the mamillary Processes, which are situated in the interior Part of the Brain, near the Os Ethmoides, which is covered with the Dura Mater. Since, therefore, a large Quantity of Snuff is violently attracted towards the Root of the Nose; and since, according to the Doctrine of Hippocrates, Nature is never one Moment idle in
in a living Body, all whose Parts are pervious and transparable, it must necessarily happen, that the Parts subservient to the Sense of Smelling must be greatly injured by the narcotic Quality of Snuff. Having said thus much of the Misfortunes produced by excessive Snuffing, we now come to consider those attending the Abuse of Smoaking; in doing which, we shall confine ourselves to Examples, which have a better Effect on the Vulgar, than the nice and fine-spun Deductions of a Philosopher’s Reason.

It is therefore certain that Tobacco is possessed of an highly penetrating Quality. Thus the celebrated Heurnius, in Lib. 1. Method. ad Prax. speaks of it in the following Manner: "Tobacco, when smoaked, produces very singular Effects, since it draws a surprising Quantity of Phlegm from the Mouth and Nostrils: The Smoak arising from its dry Leaves laid upon live Coals, when received into the Mouth by a Funnel, pervades the whole Brain, and is also conveyed to the Ears, and Uterus. But I can affirm, that this Herb is, in a peculiar Manner, appropriated to the Brain; easily conveys its Virtues thither, and evacuates all its Sordes: For, about a Year ago, when I was afflicted with the Tooth-ach, I made a Decoction of Tobacco with Water,
"Water, adding some Camomile Flowers: "A Spoonful of this Decoction, when tepid, I put in my Mouth, and spit it out some Time after; and this I did for two Hours; by which Means my Pain was considerably alleviated. Next Day, when I went to my Garden, and stooped to pull up a Weed, a large Quantity of a Saffron-coloured Liquor, which smelt like Tobacco, flowed from my Nose, upon which my Tooth-ach was immediately removed. During the whole of my Life, neither Blood, nor any other Liquor, except a serous Phlegm, had flowed from my Nose, but upon this Occasion I never saw any Liquor of a deeper yellow Colour." Other similar Accounts of the penetrating Quality of Tobacco, I have had from my old Master, Henningus Arnefæus, Physician to Christianus, the fourth King of Denmark, who affirmed, "That not only the Smoak of Tobacco, but also that of every other Substance received by the Mouth, was penetrating on Account of its Acrimony; in Consequence of which, it must pervade and alter the whole Substance of the Brain, both Meninges, and all the Vessels, and Contents of them." Besides, as the Smoak of Tobacco is hot, proceeding immediately from kindled Tobacco; and as, according to Aristotle, it is the Property
TREATISE on property of Heat to collect homogeneous, and separate heterogeneous Substances, it must necessarily happen, in the very Nature of Things, that this Smoak should fuse and colliquate the Phlegm, the Receptacle of which is the Brain, which, according to Hippocrates, is the largest of all the Glands. I do not in the least doubt of the Truth of Arnesæus's Opinion; for I think that all the Fore-runners of Catarrhs, such as Sternutations, Spittings, and Discharges of Saliva, are produced by Heat, which is the necessary Cause of Catarrhs, though not the productive Cause of the morbific Matter. Thus the celebrated Hoffman, in Lib. 3. Institut. Medic. Cap. 193. informs us, "That Heat alone, and, for the most part, of the external Kind, such as that of the Sun, or that procured by Exercise, Wine, and Aromatics, among which are Cinnamon and Saffron, with which we so plentifully season our Aliments, is sufficient to fuse and colliquate the Phlegm, or acrid Serum." Thus a Pipe filled with the burned Wicks of Candles, gathered out of Snuffers, or with a Piece of Match used in discharging Cannons, or with a Piece of bituminous, fossil Earth, especially that of Holland, will procure as copious a Spitting, as a Pipe of the best Virginian Tobacco. Soldiers also, and Sailors, produce the same Pleasure and Effects.
fected in themselves by smoking kindled Paper, as are produced by smoking Tobacco. Since, therefore, acrid Smoak and Heat of every Kind, conveyed to the Brain, fuse the Phlegm, and eliminate it by the Os Ethmoides and Sphenoides, the Nose and the Palate of the Mouth, I see no Reason why Heurnius should affirm, "That it has a surprizing Faculty of drawing the Phlegm from the Mouth and Nostrils; that it is peculiarly adapted to the Brain, easily conveys its Virtues thither, and eliminates all its Sordes.

As Tobacco is hot, dry, unctuous, and penetrating; it must, on account of these Qualities, soon take Flame: And, as it is possessed of an highly narcotic Quality, it, by its narcotic Sulphur, stupifies those who use it, corrupts the Temperature of the Brain, and destroys its Tone; whereas, the moderate Smoaking of Marjoram, Betony, Rosemary, Amber, and other Substances of a like Nature, would eliminate the Phlegm more safely, and without producing any of these ill Consequences. This narcotic Quality of Tobacco, is the Reason why great Smokers are, during the whole of their Lives, afflicted with a continual Spitting, as I have observed in Histor. Pompinelleae Clast. secund. Quadripartit. Though by the frequent Use of Tobacco,
Tobacco, a large Quantity of Phlegm is eliminated from the Brain; this Plant is not, therefore, a peculiar Specific, adapted to that Organ: For, on the contrary, since it manifestly abounds with a narcotic Sulphur, it is highly injurious, not only to the Nerves, but also to the whole Substance of the Brain. Hence, as I observed before, many Users of Tobacco, not only have their olfactory Nerves so injured by its narcotic Sulphur, as to lose the Sense of Smelling, but are also observed not to have a very exquisite Taste, the fourth and seventh Pairs of Nerves being affected. Persons of this Kind are also observed to be fond of Malt Liquors, and to complain of a languid Appetite; because the sixth Pair of Nerves, which descends into the Stomach, is stupefied by the narcotic Sulphur of the Tobacco: It is, therefore, absurd to maintain, that Tobacco is of a cephalic Quality, and peculiarly adapted to the Disorders of the Head, since it is so unfriendly to the Nerves as to produce a Stupor in them. It is more reasonable to argue thus: Tobacco is hot, consists of very subtle Parts, and is highly penetrating; therefore, being at the same Time narcotic, it will prove the more hurtful, the more penetrating it is; because the narcotic Quality of Tobacco, which is otherwise flow, like that of Opium, or Hemlock, is, by its other Qualities, exalted, and put in Action; or,
or, to speak my Sentiments more freely, by means of the Acrimony ascribed to its Salt, whether fixed or volatile, the narcotic Sulphur is conveyed in its full Strength to the Nerves of the Head. That this Sulphur remains pretty long intire, even in a living Person, is sufficiently evinced, by that Saffron-coloured Liquor, smelling like Tobacco, which was discharged from the Nostrils of Heurnius, next Day after the Abuse of a Decoction of Tobacco and Camomile Flowers. I would not have any one imagine, that as soon as he lays by his Pipe, his Brain is no longer heated by the Smoak, which, for two or three Days after, he smells, or expires, when he sneezes. Thus, this narcotic, unctuous, and strong-smelled Sulphur, adhering to the Membranes, Ventricle, Gyrations, or other latent Passages of the Brain, and being left alone without either Smoak or Heat, gradually and insensibly corrupts the whole Mass of the Brain, by which Means Tobacco-Smokers are obliged to spit and expectorate continually. When the Brain is thus weakened by the copious Spitting excited by the narcotic Sulphur, neither the Tonsils nor the Thymus, which are destined for imbibing the natural excrementitious Humours of the Brain, are any longer fit for that Purpose. When such an Accident happens, the Tobacco-Smoker begins to yawn, to have a hoarse
hoarse and shrill Voice, and a stinking Breath, like those labouring under a *Lues Venerea*.

I think I have now sufficiently proved, that as Tobacco is of a narcotic Quality, and its Fumes penetrate intimately into the Brain, so, of course, Smoking must be more prejudicial than Snuffing. But, if People will still obstinately indulge themselves in the Use of this noxious Plant, all I can do farther, is to warn them of their Danger.
A TREATISE ON TEA.

I have hitherto strenuously endeavoured to preserve the Health of the Europeans, by discarding and exploding the Abuse of Tobacco: But if any one should ask my Sentiments of Tea, which some Years ago began to be imported from Asia, and the Eastern Countries, and which has Qualities quite contrary to Tobacco, since it prevents Sleep, and therefore is by some Authors highly commended as an excellent Cephalic, and very grateful to the Viscera, sublervient to Nutrition: I answer, that no satisfactory Reply can be made, till we know the Genus and Species of Tea, and to what Species of European Herbs it may be referred or compared; for Tobacco is by us called the Peruvian Hyosciamius, but we give no Name of any of our Plants to Tea: Nay, it is not known
known, whether Tea is what the Greeks call Τεa, an Herb, or θάμθρον, a Shrub, which Words, according to Ruellius, Morantha, and others, are so confounded by Dioscorides, Theophrastus, and other Botanists, as to occasion great Disputes among the Learned. But the Authors who have most faithfully collected whatever has been wrote upon Tea, either in the Spanish, French, Latin, English, or Dutch Languages, are Nicolaus Tulpius, and Nicolaus Trigautius, from the Works of whom I shall enquire,

1st. Of what Kind and Species the Herb Tea is?

2d. Whether Tea is only the Produce of Asia, and whether it is ever found in Europe, or not? And,

3d. Which of the European Herbs may be most properly used in its stead.

Tulpius, then, speaks in the following Manner: "In the East Indies nothing is more common than drinking the Decoc- tion of an Herb, which the Chinese call Thee, and the Japonese, Tchia. As my Accounts of this Plant were received from the best and most impartial Authors, I shall willingly hand them down to Posterity. The Herb Tea, therefore, has long acumi-
nated Leaves crenated about the Edges.

Its Roots are fibrous, and divided into very small Shreds. It grows not only in China and Japan, but also in Chiam, only the Leaves of the Chinese Tea are of a blackish green Colour: Whereas the Japanese Tea is of a fainter Colour, and more grateful Taste. Hence it also happens, that the Theia of the Japanese, is far more esteemed than the Thee of the Chinese; since one Pound of the former is frequently sold at an Hundred Librae; for it is in these Parts of the World believed, that nothing is more salutary and beneficial than this Herb, whether for protracting Life to extreme old Age, or for preventing the Attacks of Diseases. It not only renders the Body vigorous and active, and prevents the Stone, to which none of the Inhabitants are for this Reason subject, but also removes Head-aches, Stuffings of the Head, Inflammations, and Distillations of the Eyes, a Difficulty of Breathing, Weakness of the Stomach, Gripes of the Intestines, and Weariness. It also so effectually prevents Sleep, that those who drink it at Night, can sit up, without feeling the least Inclination to sleep; for it is moderately heating, and by constricting the Mouth of the Stomach, hinders the Ascent of those Vapours which are
are necessary to procure Sleep; so that, by its Means, nothing hinders or interrupts those who intend to read or write all Night.

This Plant, however, seems neither to have been long known, nor long used, among the Chinese, since they have no hieroglyphical Characters, such as most of their Letters are, which express its Nature and Qualities. These two Nations also differ widely, with respect to the Manner of using Tea; since the Japanese mix the Tea, powdered in a Marble Mortar, with warm Water: Whereas, the Chinese, boil the Plant itself with some Liquor, adding a few Grains of Salt, or Sugar. This decoction, they drink with their Friends and Visitors; and even their leading Men do not think it beneath them, but rather a Piece of Honour to prepare the Tea for their Guests; for which Purpose they have Closets in their Palaces, fitted up on purpose, in which they keep their Pots, Tripods, Tunnels, Cups, Spoons, and other Tea Utensils, which they buy at an exorbitant Price, preserve in Silk, and only use when their best Friends visit them. These, they esteem as much as we do Adamants, Gems, and the most precious Stones. See Job. Maffæus, Rer. Indicar. Lib. 6, & 12. Ludovic. Almeid. Select. Epist.
Nicolaus Trigautius, in Tractat. de Regno Chinae, Cap. 3. where he treats of the Things produced in China, gives us the following Particulars, with respect to Tea: "I purposely, says he, omit the Description of many Things necessary, such as Marbles of different Colours, Carbuncles, and other Stones and Gems, not unfit for painting; odoriferous Woods, Bitumens, and an incredible Number of other Curiosities; but I neither can, nor ought to pass over, in Silence, two or three Things, unknown to the Europeans; the first of which is, that Shrub, of the Leaves of which is prepared that celebrated Liquor, called Cia, by the Chinese, Japonesse, and neighbouring Countries. It is not possible, that the Herb from which this is prepared has been very long used by the Chinese; since, in order to represent it, they have no hieroglyphical Characters, such as all their Letters are. Hence it may, perhaps, be suspected, that our European Woods produce this Herb. They gather the Leaves in
in the Spring, dry them in a Shade, and keep them for preparing a Decoction, which they almost continually use, not only at their Meals, but also when their Friends come to visit them; for this is generally the Entertainment to which they invite each other. It is always drank, or rather sipped warm; nor is it ungrateful to the Palate, in consequence of its temperate Bitterness; but it is very salutary, and frequently used for various Disorders. Tea is not with them all of one Price; since, sometimes, a Pound is sold for a Noble, and, at other Times, for two or three, if it is accounted good: The best of the Japonesè Tea is often sold for ten or twelve, and the Method of preparing it with these, is somewhat different from that of the Chinese; for the Japonesè, having reduced their Tea to a Powder, mix two or three Spoonfuls of it with a Cup of boiling Water, which they drink when moderately cool: Whereas, the Chinese throw some of the Leaves into a Vessel of boiling Water, which, after it has imbibed the Force of the Tea, they drink, leaving the Leaves.” But, in the seventh Chapter of the same Work, which treats of some of the Customs of the Chinese, the Author speaks in the following Manner: “When any one receives a formal Invitation to a Feast;
the Day before, or several Days before, it is to be kept, the Master sends him a Kind of Ticket, desiring his Presence: When he is come to the House, and the usual Ceremonies past, he is set down in the first Hall, where he drinks his Tea; after which he is conducted to the Feast- ing Room, which is not adorned with Carpets, which they never use, but with Pictures, Flowers, Vessels, and other antient Household Furniture." Though these Accounts may satisfy the Vulgar, yet they will not prove satisfactory to Physicians, who want to know, whether Tea is an Herb, a Shrub, or a Species of Copse; for the two last quoted Authors differ from each other; since Tulpius calls the Chinese Tea, "an Herb, with darkish, green, oblong Leaves, acuminated and crenated about the Edges, with fibrous Roots, divided into many small Shreds. Whereas, the Leaves of the Japonesse Tea are of a fainter green Colour, and of a more grateful Taste." But Trigautius affirms, "that it is a Shrub of the Leaves, of which the celebrated Cia, of the Chinese and Japonesse, is prepared by Decoction." The former asserts, that the Herb Tea, grows not only in China and Japan, but also in Chiam: The latter thinks it is to be suspected, that it is also produced in the European Woods: But, as I shall afterwards
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terwards accurately discuss these Points, I
shall only here observe, from Olearius, that
Maffæus, in Tr. de Rebus Indicis, affirms,
that the Japonesë, from a certain Plant, ex-
press an highly salutary Liquor, which they
call Chia; and Linschotenus, in Tr. de In-
sula Japonica, tells us, that the Inhabitants
of Japan prepare a Drink called Chaa, from
a certain Herb: But these Authors neither
mention the Shrub, nor the Leaves; but
unanimously assert Tea to be an Herb. Ja-
cobus Bontius, Physician in Ordinary to the
Town of New Batavia, in the Island of Java, in the East Indies, in Medic. Indor.
Lib. 2. de Conserv. Valetud. Dialog. 6. af-
firms, "that the Leaves of the small Herb,
"from which Tea is prepared, resemble those
"of the Daisy or lesser Confound, and have
"small Incisions about their Edges." But
since, in the subsequent Chapter, he affirms,
that the Inhabitants of that Country, though
brutally ignorant in every other Respect, have
yet such an exact Knowledge of Roots and
Plants, that if Pavius, the greatest Botanist
of his Age, was to rise from the Dead, he
would wonder to find that he could be in-
structed by these Men; I am surprized, he
should have despised their Information, and,
contrary to the Custom of their Historiogra-
phers, given us (Europeans) such a lame and
imperfect Description of Tea, when com-
menting
menting on the Indian Plants. One would be ready to take it for an Herb, when he is told, that its Leaves resemble those of the Daisy, and have small Incisions about the Edges, which Tulpius also ascribes to them. It is worth our Observation, that Tulpius, Trigautius, Bontius, and other Authors, unanimously agree in this, that the Decoction of Tea is of a pretty, grateful, bitter Taste. In order, therefore, to clear up these Difficulties, I must have recourse to the Reverend Father, Alexander de Rhodes, who, in his Sommaire des divers Voyages & Missions Apostoliques, speaks in the following Manner: "Among the most memorable Things in this Country, is Tay; the Use of which is not only common to all the Eastern Countries, but also begins to be known in Europe: It is justly to be reckoned among the most salutary Substances which I observed in this Country; and I do not know but it is one of the principal Causes, why the Inhabitants not only enjoy such a good State of Health, but also arrive at so extreme an old Age. The Leaves are as big as those of the Pomegranate Tree, and the Shrub itself resembles the Myrtle Bush. Nor does Tea grow in any Part of the World, except in two Provinces of China, which are Nanquin and Chim, the Inhabitants of which have their
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their Harvests for Tea Leaves, as we have
for our Grain in Europe. These Leaves
they dry in Furnaces, and preserve for Use
in close stopped Vessels. It is frequently
used through all China, Japan, Tonquin,
and other Kingdoms; and there are such
great Quantities of it, that it is sold at a
small Price. For this Reason they use it
frequently every Day, or rather each Hour,
prepared in the following Manner: They
throw the Leaves into boiling Water,
which they forthwith take off the Fire;
and when the Leaves have subsided, which
is generally in a Quarter of an Hour, they
drink the Water, from which they find
three very happy Effects; the first of
which is to repress Vapours, and alleviate
Pains of the Head: For when I laboured
under an Hemicrania, or any other Disor-
der of the Head, by drinking this Water,
I had my Pain so quickly alleviated, as if
a Person had done it by the Application
of his Hand. When, for the Sake of
hearing Confessions, I was obliged to sit
up whole Nights, I used the same Remedy,
and, by its Means, was not only hindered
from sleeping, but also felt no more Un-
easiness next Day, than if I had not sat
up. I once made an Experiment of this
for six Nights successively, but must con-
fess I found myself wearied and exhausted.

The
The second Virtue of this Water, or Decoction, is to corroborate the Stomach, and the third to purge the Kidneys from Stones and Gravel." Bernardus Varenius, in Decriptionis Regni Japoniae, Cap. 23. speaks in the following Manner: "Not only the Japoneses, but also the Chineses, are delighted with Draughts of almost boiling Water, in which the Powder of Tea is sprinkled. The Herb Tea is not only Green itself, but also tinges any Liquor with the same Colour. It grows only in some, and not in all Countries, and the finer Kind of its Leaves is thought to be very valuable. These Leaves are, by the richer Sort, kept in large Vessels, close stoppered, in order to prevent the Access of the Air. The Leaves, before they are used, are reduced to a Powder." And a little after he subjoins, "This Liquor is pleasant to the Taste, and highly salutary, especially for carrying off the Un easiness produced by Surfeits, and for removing all pituitous Disorders: So that it is become a proverbial Saying, with respect to the Rich, How is it possible they should not enjoy good Health, since they drink the best Tea?" Olearius, in the Work before quoted, speaks of Tea in the following Manner: "We have already observed, that at the Maidan in Ispahan, there
there are, among others, particular Species
of Inns, called Tzai, Chattai, and Chane,
in which, as well as in other Places, the
Persians drink an hot, black Water, pre-
pared of an Herb, brought into their
Country by the Usbeck Tartars. This
Herb has oblong pointed Leaves, about
an Inch long, and half an Inch broad,
which, when dried, are of a blackish Co-
lour, and shrivel up into the Form of a
Worm; but they are the same with what
the Chinese call Tea, and the Japanese and
Indians, Chia, and Cha. In each of these
Nations, this Herb is highly esteemed;
the Persians boil it with Spring-Water,
Anise and Fennel: Some of them also add
a small Quantity of Cloves to it. The
Persians, Chinese, Japanese, and Indians,
ascribe uncommon Virtue and Efficacy to
this Water, affirming, that it produces the
most salutary Effects on the Stomach,
Lungs, Liver, Mass of Blood, and all
the Viscera, which it deters and corro-
borates. It also expels the Stone, removes
the Head-ach, and dissipates that super-
fluous Humidity, which produces Lassí-
tude and Drowsiness. By drinking this
Water, a Person is rendered so lively, brisk,
and alert, as cheerfully to bear the Want
of Sleep for several Nights, and without
any Pain, or Fatigue, apply long to Bu-
iness
TEA.

"importance. This
only preserves Health, but also protracts
Life to an excessive old Age. This Herb
Tea is, at present, well known in Holland,
since the East-Indiamen bring large Quan-
tities of it to Amsterdam." Johannes Al-ertus von Mandesslo, in Itinar. Indic Orientals, Cap. 11. gives us the following me-
morable Account of Tea: "In our Visits,
we make use of the black Water, in which
the Herb Tea is boiled. This Liquor,
which is very common in the Indies, is
greatly admired, not only by the Natives,
but also by the English and Dutch; since
it is said to carry off Phlegm, warm the
Stomach, and procure Digestion. We
drink it three Times a Day, namely, in
the Morning, Afternoon, and Evening.
The Persians also drink a black Water,
called Chavve, which, in Colour, resem-
bles the Tea, though its Virtues and Effi-
cacy are different; since the Chavve is
a great Cooler, and procures Sterility, on
which Account, the lascivious Persians
chuse to drink it: On the contrary, the
Tea moderately wars, and strengthens,
the Bowels and Stomach."

Gulielmus Leyl, a Native of Denmark,
after his Return from the East Indies, at my E 2
Request,
Request, courteously wrote me the following Particulars with respect to Tea: "I was informed by the Chinese, in the Islands of Java, Macasar, Celebes, and other Places, that the Cha, or Thee, grew in China and Cathaya; but that the best came from Cathaya, a Country belonging to the Tartars. The Herb is, in the Chinese, Japonesse, Tartarian, Persian, Arabic, Turkish, and Indostan Languages, called Cha; in the Pronunciation of which Word, it is to be observed, that the Ch is founded as it is in Spain and England; but is by the Persians, Arabians, and Turks, expressed by one of their own Characters. By such of the Chinese as border upon the Sea it is called The. In these Countries, vast Sums of Money are laid out upon this Herb, which is said to be possessed of very considerable Virtues; for it corroborates the Stomach, and produces a good Digestion; nourishes the Limbs, and dissipates and carries off by Urine, or otherwise, all peccant and redundant Humidity. It also cures the Gout, and prevents, or expels the Stone and Gravel. During my Residence, for many Years there, I never had the smallest Symptoms of the Gout, with which I have been violently afflicted since my Return into Europe. The Chinese are also Strangers to the Stone, and their
their Tea not only preserves the Body in good Health, but also removes Intoxication: It prevents Sleep, and renders Persons alert and cheerful in the Dispatch of Business. The Water prepared of this Herb, is to be drank in a Morning fasting, with preserved Ginger, as also after Dinner, between Meals, after Supper, or at any Time, since the frequent Use of it is not hurtful. They boil a Pint of Water in a Pot, then put a Spoonful of Tea into it, and cover it close up for a Quarter of an Hour, during which Time they shake it frequently. Those to whom this Liquor is disagreeable, on account of its bitter Taste, put Sugar-Candy into the Cup; but, its Efficacy is greater, when drank without it. The People of Fashion in China and Japan, have their particular Kettles, in which they boil the Water by itself, and then pour it upon the Tea in another Vessel, which they cover for a Quarter of an Hour, shaking it frequently.

In order to determine that dubious and perplexing Question, Whether the Tea of the Chinese is an Herb, or a small Shrub? It is necessary I should previously enquire, whether it is only produced in Asia, or whether any of it is also to be found in Europe; as
also which of the European Plants is the most proper Succedaneum to it? In these Disquisitions, I must, therefore, have recourse to the Suffrages of the before-quoted Authors. But I must here advise all Physicians to divest their Minds of Prejudice, and carefully peruse Hippocrates's Treatise de Aere, Aquis, et Locis, by which they will be informed, how much Airs, Waters, and Soils, agree, or disagree, and what proportionable Variations, or Alterations, these Agreements, or Differences are capable of producing. The celebrated Hoffman, in Lib. 2. de Medicament. Officinalibus, Cap. 15. when speaking of the Myrtle, tells us, "That we are carefully to attend to the native Soil and Climate of a Plant, by which it is rendered either better or worse, in consequence of which, its Faculties and Virtues will not be the same in different Countries." This Doctrine I have everywhere inculcated in my Quadripartitum, but especially in the Histories of Betony, Carduus Benedictus, Scurvy-Grass, Marsh Trefoil, Dragons and Squills. My Design in advancing this is, to shew the Probability of the Production of Tea, not only in the Kingdoms of the East Indies, such as China, Japan, Chian, Nanquin, and Cham; but also, according to the Conjecture of Trigautius, in the European Woods and Forests: And I am the more inclined to this Opinion, be-
cause the celebrated Olearius informs us, that the Tartars of Uzbeck, who, according to De Laet: in Descrip. Persia, Cap. 1. are separated from the Persians, wage War upon them, and export Tea from Cattajo into Persia: Besides, Gulielmus Leyl, a Gentleman, not only of Distinction, but also of untainted Veracity, informs me, in his Letter, that in Java the greater, Macassar, and Celibes, he was told by the Inhabitants, that Cha or The grows in China and Cattajo; but that the best is, by the Tartars, exported from the latter of these Places. Now, it is sufficiently known, that Tartary, on account of the Elevation of the Pole, in many Respects, agrees with the European Provinces, situated under the same Degree of Elevation; so that, it is by no means absurd to assert that many Trees, Shrubs, and Herbs, should thrive as well in thesé Northern Provinces, as in Tartary, which, like them, is diversified with Precipices, Forests, Mountains, Pasture-Grounds, Vallies, and Rivers. In a word, as Tulpius and Trigautius think that neither Tea, nor its Use, were long known to the Chinese, because they had neither any antient Names for it, nor Hieroglyphics to express its Nature; I am more and more confirmed, that Cha, or The, grows more plentifully in Cattajo than in China itself, especially since Olearius and Leyl inform
form us, that Cha is a Tartarian Word; and, according to the latter of these Authors, only some of the Chinese, who live upon the Shore, have begun to call Cha, Te. Since, therefore, the Europeans frequent China, or its adjacent Islands, much more than they do Tartary, and since the Chinese call the Cha of the Tartars The, it is probable, that this is the Original of the Word Tea in Europe. But it is to be observed, that Tulpius afferts, that the Tchia of the Japones, is far more valuable than the Thee of the Chinese; since a Pound of the former is sometimes sold at an Hundred Librae of Silver, which, if I am not mistaken, amount to forty Crowns. But Trigautius affirms, that a Pound of the Chinese is sold at one Noble, and at most for two or three; whereas, a Pound of the best Japones is often sold at ten or twelve. Father Rhodius tells us, that Tea is nowhere produced, except in two Provinces of China, Nanquin and Chim; and immediately subjoins, That there was much Plenty of it, that it sold at a very low Rate: Though these Accounts are inconsistent with each other, yet it is none of my Business to reconcile them; since my Design is only to shew, that the Cha, the Tchia, or Thee, whether a Species of Cofle, or an Herb, is indigenous to Tartary. Now, as Tulpius and Trigautius have shewn, that Tea has not been long known
known to the Chinese; and, as Olearius and Leyl assert, that it is exported from Tartary into Persia, as well as China, I am of Opinion, that it probably began to be known in China when the Tartars in 1644 made an Incursion into that Country, and that it was first transported into Europe from the East-Indies. And though the Authors mentioned by Olearius affirm, that the Thee of the Chinese was known before this Incursion; yet as the Tartars had several Times before laid China waste, it is not improbable, but the Chinese were, by the Tartars, with whom I believe it is cheap, first taught the Use of Tea, as we were by the Chinese: For if, according to Tulpius, Tea is sold at so great a Rate in China, or, if a Pound of the best Tea is often sold at twelve Nobles in Japan, I cannot see how the Merchants of Amsterdam and Hamburg, who may reasonably be allowed a fourth of Profit, could afford a Pound for eight Nobles. Since, therefore, Tartary is a very extensive Kingdom; and since, in some Provinces of it, the Tea of the Chinese grows, I think it very probable, that the same Tea may be found in the similar, heathy, copsy, and uncultivated Places of Europe. We now come to enquire, whether Tea is an Herb, or a Kind of Copse: Besides the Authors, therefore, already quoted from Olearius, as affirming that it is an Herb, Bon-
Tius, Varenius, Olearius, Johannes Albertus von Mandelso, and Leyl, also call it an Herb: But Trigautius and Rhodius pronounce it a Kind of Copse, or small Shrub. If, therefore, we are swayed in our Judgment by the Plurality of Voices, we must infallibly conclude Tea to be an Herb. But as, in all Cases, one Eye-Witness is better than ten who take Things upon Report; and as the two last-mentioned Authors travelled through the East-Indies, it is more reasonable to trust to their Descriptions, than to those of the others, who, being no profess'd Botanists, were, in some measure, misled by botanical Authors, who too often confound Words, as we have shewn in the Dissertation on Tobacco: However, to reconcile these Differences, we say, that Tea may be defined and described, either as an Herb, or as a Kind of Copse, or small Shrub; for as Geographers, in their Descriptions of Nova Zembla, and the Terra Australis incognita, make Conjectures about some Things which they never saw, because they were never there; so, why may not I, though I never was in Asia, make an Attempt to delineate an Asiatic Plant, which is the Herb, or Shrub, Tea, in order to prevent that excessive Import of it, which corrupts our Regimen, and impairs our Health no less than the Tobacco sent us from America? Now, though Asia furnishes the Chinese with Tea,
Tea, as a salutary Medicine, yet it obtrudes it upon us, at the same Time we are ignorant what it is; for which Reason I shall describe Tea, both as an Herb, and as a Kind of Copse, or small Shrub. "Tea, therefore, as an Herb, has oblong Leaves, acuminated, crenated about the Edges, and about an Inch long, and half an Inch broad. In China these Leaves are of a dark green Colour, and of a bitter Taste; whereas those produced in Japan, are of a fainter Green, and more grateful Taste, tinging any Liquor with the same Colour. These Leaves, when dried, become black, and shrivelled up, like small Worms, and the Herb has a fibrous Root, divided into many small Shreds." If any should tell me, that this seems to be a Description of Betony; I answer, so it is; and I would rather persuade the Europeans to use this Herb, posseffed of numberless known Virtues, than to persist in the Use of the unknown Tea of the Chinese, purchased at a great Expence, and calculated for impoverifhing Families. It is indeed certain, that, as the moderate Use of it, without producing a preternatural Heat, comforts and dries the Brain, and whole nervous System, so the immoderate Use of it, cannot fail to be equally noxious to the Europeans as the Abuse of Wine. Tea, as a Kind of Copse, or small Shrub, may be described in
in the following Manner: "Tea is a small 'Shrub, greatly resembling the Myrtle-
"Bush, with dark green Leaves, as large as "those of the Pomegranate, but with small "Incisions about the Edges, like those ob-
"servable in the Leaves of the Daisy. These "Leaves are carefully collected in the Spring, "dried in a Shade, or in proper Furnaces, "and preserved in pretty large Vessels, close "stopped, in order to prevent the free Ac-
"cess of the Air." If any one should find fault with me for describing Tea, both as an Herb, and as a Kind of Copse, or small Shrub; I can vindicate myself, by desiring him to compare each of these Descriptions with the different Accounts given by all the before-cited Authors, whose Veracity cannot be called in Question. But, perhaps, it may be objected, that Bontius asserts, that Tea is an Herb, and describes it as such, and consequently, that I corrupt what I intended to correct, which happened to Epicurus, attempting to rectify the Doctrines of Democritus: I answer, that Bontius, through an Affectation of laconic Brevity, darkened his Description of Tea, by comparing its Leaves, which are crenated, to those of the Daisy, which have small Incisions: Whereas, he might, with more Justice, have compared them to the Leaves of any Shrub, or Copse: But the Reader will, possibly, condemn me for
for Pyrrhonism, or Scepticism, and upbraid me with treating of Things, without coming to any fixed and final Conclusion. But, in answer to this Charge, I affirm, in the Words of Vossius de Sez. Philosoph. Cap. 20. "That Scepticism is not absolutely to be condemned; since, though many Things are certain, yet far more are uncertain; and these latter combined and interwoven with the former, impose on the Mind by their Similitude to Truth; so that it is necessary to use all Diligence in distinguishing Truth from Error." Cicero, in Lib. 1. de Natur. Deor. professes himself of the same Opinion: "I am none of those, says he, to whom nothing appears true; but I affirm, that Truth and Falshood are sometimes so intimately mixed, and bear so near a Resemblance to each other, that there is hardly any Criterion for distinguishing them." But, leaving all dubious Ratiocinations, we shall now declare our Sentiments in an explicit Manner, and come to a fixed and determinate Conclusion. For this Purpose, let us compare the Descriptions which Dodonaeus gives us of the Herb Betsy; and of the Shrub Chamelaeagnus, with those two I have given of the Chinese Tea: I am then entirely free from Partiality, when I think that the Properties ascribed to these two, especially to the Chamelaeagnus, exactly agree
agree to the Chinese Tea; nor, considering how far I am advanced in Years, do I care how much I may be ridiculed for maintaining such an Opinion, since I have long ago formed my Mind upon those noble and exalted Sentiments, which Epictetus, in Enchirid. Cap. 29. expresses in the following beautiful Manner: "If thou inclinest to commence the Study of Wisdom and Virtue, thou must forthwith prepare thyself for future Reproach and Contempt, since many will hiss thee, upbraid thee with becoming a Philosopher all on a sudden, and sneeringly ask the Reason of thy supercilious Air: Do thou, in the mean time, guard against a supercilious Behaviour, as much as thou possibly canst; but, like a faithful Centinel, placed in a particular Post by thy Master, rigidly maintain and adhere to those Things which, to thee, appear best and most praise-worthy; and, for thy Comfort, remember this, that if thou resolutely keepest thy Post, thou wilt at last, become the Admiration of those who before derided thee: Whereas, if thou shamefully quittest thy Station, and succumbest to the heedless and unthinking Herd, thou wilt be doubly derided." But, as moral Reflections may be thought impertinent on such Occasions, we shall return to our Subject. Dodoneus, therefore, in
in Pemptad. 1. Lib. 2. Cap. 20. tells us,
"that Betony has oblong, broad, and green
Leaves, somewhat rough, serrated about
the Edges, and resembling those of the
Oak, though somewhat smaller." Now,
Tulpius informs us, that the Leaves of Tea
are oblong, acuminate and serrated about
the Edges: And Olearius affirms, that they
are about an Inch in Length, and half an
Inch in Breadth. Tulpius also affirms, that in
China, they are of a dark green Colour;
whereas, in Japan, they are of a fainter Co-
lor; so that these Descriptions quadrate very
exactly with Betony. The Chamelæagnus is,
Cap. 20. described in the following Man-
er: "The Chamelæagnus is a small and
low Shrub, rarely rising to the Height of a
Cubit: It sends forth some Branches, which
bear small, broad, and oblong Leaves, not
unlike those of the Myrtle, but harder, and
frequently longer: All the Parts of the
Shrub, and especially its Seeds, are some-
what odorous: It delights in wild and
uncultivated Soils, which are somewhat
marshy and aqueous." The Authors be-
fore quoted, have made no Mention, either
of the Seeds, or Flowers; nor, though I have
had an Opportunity of turning over large
Quantities of Tea, have I ever found any
Part of a Flower, Stem, Apex, Calyx, Down,
Seed,
TREATISE on

Seed, Pods of Seed, Berries, or any Thing analogous to any of these, except some few Pieces, of a Kind of arundinaceous Grass; from which we may justly infer, that the Chinese Tea delights in uncultivated, aqueous, and marshy Soils, as well as the European Chamelæagnus; which, as described by Dodoneus, exactly resembles the Tea of the Chinese. The Reasons why I have compared Tea to Betony, are sufficiently obvious; since my Accounts of the former, taken from Trigautilius, Rhodius, and Bontius, exactly agree to the latter; for Trigautilius affirms, that the Leaves called Tea, when gathered from a certain Shrub, and boiled in Water, afford that celebrated Liquor, so much used by the Chinese, Japonesse, and their neighbouring Nations: And Rhodius afferts, that the Leaves of Tea are, in a great measure, like those of the Myrtle, and, in Bulk, equal to those of the Pomegranate. I have, in a particular Manner, mentioned the Crenations of the Leaves, because no such Circumstance is specified, either by Dodoneus, in his Description of the Chamelæagnus, or by Trigautilius and Rhodius, in their Accounts of the Leaves of Tea, which, according to Olearius, are about an Inch long, half an Inch broad, and, when dried, assume a blackish Colour, all which Circumstances hold true of the Chamelæagnus. Tulpius informs us, that the Leaves of Tea
Tea are of a dark green Colour, oblong, acuminated, and crenated about the Edges; and Bontius describes them with small Incisions about the Edges, like those of the Daisy. Besides, if the Reader compares what Dodoneus advances, with respect to the native Soil of the Chameleagnus, with the Description I have given of it, he will find it probable that it is also produced in Tartary; so that we have just Reason to conclude, that the Cha of the Tartars, and Thee of the Chinese, are nothing else but the European Chameleagnus. Another Analogy is also to be observed between the Leaves of Tea, and those of the Chameleagnus, which is, that only the larger Leaves of each of them are crenated. If it should be objected, that Dodoneus inclined to insinuate, that the Leaves of the Chameleagnus are like those of the Myrtle; and that the Leaves of the true Myrtle are not crenated: I answer, that I am sufficiently apprised of this; but, at the same time, would have the Objector remember, that Caspar Bauhine finds some Things wanting in the Figure of the Chameleagnus, exhibited in the Latin Edition of Dodoneus, and for that Reason, prefers the Figure in the Dutch Edition to it. His Description is also very defective, since he neither mentions the Crenation of the Leaves, nor the Sporting of Nature, which are very material Points;
since the Leaves are not all crenated in the same Manner, and sometimes not crenated at all, especially at the Points, till they have arrived at a certain Age and Bulk. Similar Sportings of Nature are frequently to be observed; since, in one and the same Mallow, it often happens, that one Leaf is not like another. There is also a surprizing Variety, both in the Form and Number of the Leaves of the Eupatorium Canadense Foliis Enulae Jacobi Cornuti of the Lysimachia Lutea Major and Minor, and of the Pseudolysimachia. It is also sufficiently known, that the Peruvian Flower in Europe, varies every Day considerably from the same Flower in Peru; but we are not, for this Reason, to deny that they both belong to the same Species. Thus, though in Europe, there is a Kind of Sporting of Nature in the Leaves of the Chamelaëagnus; yet all these Leaves, when most accurately compared with the Tartarian or Chinese Tea, are only found to differ considerably from them in Size, Colour, and Crenations: So that we may conclude, that the Shrub Chamelaëagnus belongs to the same Species with the Tea of the Tartars and Chinese: But, left my own Authority should be questioned, I shall, from that of other Botanists, prove this surprizing Variation in our own Chamelaëagnus. I am indeed sorry that the Chamelaëagnus is not sufficiently and fully
fully treated of, either in the last Edition of Tabernemontanus, or in the Ebrodunense Herbarium. But we must supply this Defect from Bauhine, who, in Pinax. 40. Lib. 11. Sect. 4. tells us, "That the Rhus Myrtifolia Belgica, or Chamelæagnus, has its Leaves sometimes broad, and sometimes narrow; and I have been told by Dr. Backmaster, that its Leaves are sometimes crenated like those of a Shrub; such as the Rosemary of the Northern Nations, or our own Myrtle." In 1622, when walking in a Copse Field, near Rosstock, I broke off a small Twig of this Chamelæagnus in the Spring, before it was in the Flower. This I carefully preserved till it was fully dry, and found the Leaves exactly to resemble those of the Chinese Tea, in Tenderness, Size, Colour, and Crenations. But that this Affinity and Resemblance might be still farther evinced, I have, in Quadrupartit. Botan, given a Cut of one of the tender Leaves of the Chamelæagnus, gathered in the Spring, and another of a full grown Leaf, gathered in the Summer; and to these I have added two Cuts of Tea Leaves, produced in China: But, some may object, that the Chinese Tea differs from the Chamelæagnus, because, according to Rhodius, the Leaves of the former appear in the Beginning of the Spring at Nanquin and Chim; and, when dried, are so
far from resembling Leaves, that they rather seem to be small Buds or Gems of Shrubs, or Trees: Whereas, the Branches of our *Chameleæagnus* are not cut, till the Middle, or latter End of the *Summer*, and are negligently hung up in the Shops, with the Leaves, Seeds, and Flowers. These Circumstances, I confess, must produce a considerable Difference in these Leaves, not only with respect to Colour and Smell, but also, perhaps, with respect to Qualities and Virtues. If I should be asked, whether it is expedient to recommend the *Chameleæagnus* as a Succedaneum, to the *Chinese Tea*? I answer, it is highly expedient. If it should be said, that it affects the Head; I reply, so does *Betony*, which procures a certain Hilarity, or Agility, to the Brain and Members, by which Means, it greatly invigorates the Animal Faculty: For this specific Quality of *Tea*, it is so much used by Statesmen, in order to render them brisk and active, for the Discharge of their Offices: For this Class of Men, as well as Physicians, are allowed singular and uncommon Indulgences by *Plato*, in *Lib. 3. de Republica.*

"The Gods, says he, can obtain no good End by lying to Mortals; but, a Lie may be useful to sick Persons; for which Reason Lying is pardonable in Physicians, immediately employed in their Business, but not at all in Persons of a private Character."
rafter. In Governors also, Lying is pardonable, when it has a Tendency, either to promote the Good of their Subjects, or frustrate the Designs of their Enemies."

Some affirm, that Ale, prepared with the Chamelæagnus, excites violent Head-aches, from which they infer, that its Sulphur is injurious to the Head: But I would have such Persons remember, that the best Things may be used to Excess. Thus a Pain is immediately produced in the Head, by the Abuse of the Wine of the Rubus Idaeus, or that in which the Pimpinella Sanguisorba has been macerated. Hence, if you mix but a small Quantity of the Chamelæagnus, full of its Seeds, with Ale, such Ale will speedily intoxicate those who drink it; but if you put only a few of the Leaves to the Ale, it will revive the Spirits as effectually as the Asiatic Tea. At the Hague, Sinapi is called Senney, and in the Netherlands, Mustard; but this Change of Names does not hinder Sinapi from being an Herb of the same Species in these different Parts. In Europe we are to have a due Regard to the most commodious Time of gathering the Leaves of the Chamelæagnus, which, in Asia, is the Spring, and after they are gathered, we are carefully to keep them in large, close-stopped Vessels. Besides, we are to consider, that the Climates of Asia and Europe differ very widely; though I have
have shewn, that from the same Elevation of the Pole, some Northern Countries have a Climate, not much unlike to that of the Tartars. But some may say, granting that the Chamelaegnus, or Myrtus Nostras Sylvestris, is really the Cha of the Tartars, and the The of the Chinese and Persians; yet it never arrives at such Perfection in any Part of Europe, as in Tartary or China: This, perhaps, I may grant, with respect to China, but not with respect to Tartary, for the Reasons before specified, and on account of the Climate, which, it is to be suspected, produces Tea of little or no Value; for it is not so much as mentioned in the following Account of the Tartars, and their Herbs, given by Antonius Maginus, in Comment. Nov. Geography. "The Tartars live in a most fordid, nafty Manner; since only a very few of them use Table-Cloths and Napkins at their Meals: They drink Water, Milk, and Ale prepared of Millet. Very little Wine is produced in their Country; and with that which is imported they intoxicate themselves, which is with them considered as an honourable and glorious Thing. They commend the Juice or Milk of Sorrel, because it corroborates the Stomach, and proves purgative at the same Time. They cheerfully eat various Herbs, especially such as grow near the Tanais, among
among which they greatly extol an Herb called Baltracan, which greatly nourishes them, and restores their Strength. At the Season, therefore, when this Herb bears Fruit, the Tartars freely wander through these Deserts, in which no other Kind of Food or Aliment is to be found; for, if they can provide nothing else, this Herb, which they frequently find, and carry home on Carts and Horses, proves sufficient for their Sustenance.” But I shall proceed to contemplate our Chamelaëagnus, with greater Accuracy. It is, therefore, certain, that Iceland, a cold and harsh Climate, produces the best Angelica in all Europe; and Norway, which is somewhat milder, though intolerably cold in the Winter, yet affords those large Quantities of Gentian, and other medicinal Herbs, which the Traders in Germany and Holland have annual Occasion for. It is therefore probable, that our Chamelaëagnus may also be possessed of very singular medicinal Virtues; and, that it is so, we shall afterwards fully demonstrate. If it should be objected, that the Chinese and Tartarian Teas have become famous, but not the European Chamelaëagnus; I answer, that the Objection has no Foundation in Reason; because the Qualities and Temperaments of Medicines are not altered by the Time at which they began to be in Repute: Thus...
the Angelica of Iceland, and the Norwegian Gentian are celebrated in Europe; and tho' it is not to be doubted, but Tartary, and other Countries, lying under the same Elevation of the Pole, produce Angelica and Gentian equally good, yet these Medicines are not there celebrated, because the Inhabitants have not ventured upon the Use of them. Thus, the perfumed Gloves sent us from Greece, are more esteemed than those smelling of Amber, Musk, Staëte, and Cassia, sent us from Italy, and Spain, only because they were famed before these latter Countries began to use such a Practice; such, and so great, is the Tyranny of Opinion, and the Force of Custom! It is, therefore, merely an ill-grounded Opinion, to believe that our Chamelaæagnus is inferior in Virtues to the Chinese or Tartarian Tea; or that it is to be neglected, and not introduced into the Shops. Nor is it reasonable to infer, that it is not the Chinese Tea, because it has never been prepared in their Manner; or that it ought not to be substituted in its stead, because it has hitherto been little known, and only used by a few instead of Hops. Tho' I am always willing to yield to superior and more powerful Reasons, yet I cannot help thinking, that our Chamelaæagnus may be very commodiously substituted to the Chinese Tea. Thus the Scordium of Crete is generally thought
thought the best of all others, for no other Reason, but that it grows there. The Germans and Danes, however, ceased to import it from Crete and Venice, after they discovered the true Scordium, and found large Quantities of it produced in Lapland, which also yielded great Plenty, not inferior to that of Asia; so that we despise the Asiatic, in comparison of our own. Thus, also, when we found from Experience, that the Qualities of our common Wormwood, were not inferior to those of the Wormwood brought from Pontus and Rome, we ceased to bring it from these Places, and wisely used our own. Hoffman, in Lib. 2. de Med. Offic. §. 5. tells us, "That these European Mountains which "are most exposed to a free Air, pro- "duce the wild or common Wormwood; "whereas, those of the Pontic and Roman "Kinds, are only to be found in Gardens." But how opposite is our Conduct with respect to Tea, which, at great Expense and Trouble, we bring from Asia, when large Quantities of it are produced in Europe? It is certainly unaccountable, and an unpardonable Folly, for a Man, who is rich at Home, to go Abroad and beg: Now, we are equally foolish, for despising that Plenty we have at Home, and purchasing, at a great Price, the Chinese Tea, when its Virtues are almost destroyed, as I shall afterwards demonstrate. Some Persons may,
may, perhaps, reject my Sentiments, unless they found an exact Agreement between the Decoctions of Chinese and Tartarian Tea, and the Chamelaagnus, in Colour, Taste, Smell, and other Qualities; and I doubt not in the least, but they would find this Agreement, provided our Chamelaagnus was gathered at a proper Season, treated in the same Manner with the Chinese Tea, and prepared in the Method used by them. I would have tried Experiments of this Kind, had not I wrote this Treatise in the Winter Season; but I thought a Delay of its Publication might be attended with bad Consequences; since all Europe has large Sums of Money annually drained from it by the Asiatic Tea, I therefore obtest, not only all Physicians, but also others, fairly to examine, whether my Sentiments and Reasonings on this Particular are true, or only probable; for most Truths, according to Cicero, have the Disadvantage to be blended with Falshood and Error. But some Persons may say I advance many Things without establishing any. I own it is so; for I am like the Images of Mercury set up by the Highways of the Antients, which pointed out the Road to others, without ever entering it themselves. Perhaps practical Physicians may blame me for making the Chamelaagnus a Succedaneum for the Chinese Tea; since it is sufficiently known that
that the former greatly affects the Head. I own, indeed, I am subject to Error and Mistake, as well as other Mortals: But I would have these Physicians consider, that Trigautius and Rhodius affirm, that the Leaves of Tea resemble those of the Myrtle. Now, the Leaves of the Chamelæagnus, when arrived at their full Growth in the Summer, are so like those of the Myrtle, except that these last are crenated at the Points, that the one cannot be distinguished from the other. They also produce an Effect similar to those of the Myrtle; we must therefore compare the Chinese Tea, the true Myrtle, and the Chamelæagnus, with one another, in order, from this Comparison, to ascertain and determine the Virtues and Faculties of the Leaves of each of them. The Virtues and Faculties, then, of Tea, according to Tulpius, are these following: "It renders the Body vigorous, and removes nephritic Pains, to which none of the Chinese are, for this very Reason, obnoxious. It carries off Pains and Stuffings of the Head, Inflammations of the Eyes, Defluxions, Difficulty of Breathing, Weakness of the Stomach, Gripings of the Intestines, and Weariness: It also prevents Sleep, heats moderately, and by constricting the Mouth of the Stomach, hinders the Vapours from ascending to the Head. This Liquor, when drank warm,
"Trigautius thinks highly salutary in a great many Cases." Though I do not deny these Things, yet, when the Chinese assert, that nothing is more conducive to the protracting of Life to an extreme old Age than Tea, they run into an Hyperbole, no less glaring and ostentatious than that of Cicero, when describing his own Return, in L. Calphurn. Pis. "Rome herself, says he, seemed to move from her Foundation, in order to contemplate her returning Guardian and Preserver, whom she received with such unbounded and universal Joy, that even the Walls and Temples of the City seemed to rejoice." This Happiness of the Chinese, is entirely owing to other Causes; for their Air is clement, and their Regimen so temperate, as, almost, to come up to that of the Pythagoreans; though the Tartars cannot boast either of such a Climate, or such Moderation. But, with the Europeans, a fuller and more copious Diet is used, which is therefore productive of more Diseases: Hence, the incomparable Bartholine, in Consil. Med. de Cometa, gives the Europeans a most salutary Advice, by recommending a spare and slender Diet, and condemning a full and copious Regimen: "Moderate eating of Flesh, says he, is to be enjoined; since Excess, in this Respect, is the Origin of violent Putrefaction, and various Disorders. Thus "Diogenes
Diogenes apud Porphyr. in Lib. i. de Ab-^finen. used to say, that those who eat " much were generally Thieves, and Soldiers; " and such as eat Flesh were Sycophants and " Tale-Bearers. Hence the Quadragesimal " Fast, in Concil. Laodicen. Canon. 50. is or-" dered to be kept with Bread, Salt, and " Water, as Christoph. Juscellus explains " the Word Ἕποφαρχια from Epiphanius: " Hence the eating little Flesh, but somewhat more Broth, is conducive to the Preservation of Health: So that the slender, spare Diet of the Asiatics protracts their Lives to extreme old Age; whereas, the full and luxurious Regimen of the Europeans, cuts them off, before the natural Period of their Life is ex-" pired: So happy a Tendency have a clement Air, and a proper Regimen, if not to pro-tract Life, yet, at least, to preserve Health, and prevent Diseases. Not only Tea, which we have from the East, but also Chocolate, which is imported from the West Indies, begins to be famous: With respect to this latter Commodity, the Reader may consult Antonius Colmerus de Ledesma, whose Work is translated from Spanish into Latin, by Marcus Aurelius Severinus. But I proceed in the History of Tea, which is possessed of admirable Qualities; since, according to Rhodius, " It relieves the Head, prevents Va-" pours, and is a Specific against the Hem-" crania;
"crania; since, when he was afflicted with
this, or any other Disorder of the Head, he
was, by drinking Tea, immediately re-
lieved. It also prevents Sleep, corroborates
the Stomach, purges the Kidneys from
Stones and Gravel; and, according to Va-
renius, is of singular Efficacy in removing
the Uneasiness arising from previous Sur-
feits, and all pituitous Disorders." Ole-
arius also affirms, that it is possessed of a con-
stractive and astringent Quality, and is high-
ly salutary to the Stomach, Lungs, Liver,
Blood, and all the human Viscera, which it
deters and corroborates; that it expels the
Stone, removes Head-achs, and dries up all
superfluous and redundant Homours, which
occasion Laziness and Drowsiness. Joha-
nes Albertus von Mandelslo, informs us, that
the Water impregnated with Tea, is not only
much admired by the Indians, but also
highly esteemed by the Dutch, who fre-
quently use it for evacuating Phlegm, corro-
borating the Stomach, heating and strengthen-
ing all the Viscera; and that he was con-
vinced, that by drinking three Times a-day,
large Quantities of Tea, which is of an astringent
Quality, he was freed from a violent
Uneasiness and Diarrhœa at Surat. Guili-
elmus Leyl affirms, that it corroborates the
Stomach, and assists its concoctive Powers,
heats the Members, and removes all excre-
mentitious
mentitious Humours, which it expels by Urine, or in some other Manner; that it removes the Gravel and Gout, as he experienced in himself, when Governor of the Camp of Danisburg, in the Island of Commandel, in the East Indies; that he was racked with the Gout upon his Return into Europe; that Tea removes Intoxication, renders Men active in transacting Business, and prevents Sleep. Though I do not in the least doubt of the Truth of these Assertions, yet I shall prove, that the true Myrtle, is possessed of the same, and other excellent Qualities; since it not only seems to be, but really is, a Species of Tea. If, therefore, the Leaves of the Danish and German Myrtle, called Chameleagnus, vary much among themselves, and greatly resemble Tea, may we not conclude, that the Leaves of Tea, the Myrtle, and the Chameleagnus, also agree in Virtues and Qualities. This is what I now intend to evince. Hippocrates, therefore, in order to shew the Efficacy of the Myrtle in curing and removing Diseases, in Lib. de Superfataat, Sect. 3. tells us, that when the Mouth of the Uterus is præter-naturally constricted, it is opened by a Suffumigation, for which Purpose, among other Things, he orders green Myrtle Leaves confused. He prescribes them green, and not dry, because the former most abound with Sulphur.
Sulphur and volatile Parts; whereas the latter contain little of these; but, on account of their terrestrial, and somewhat hot Parts, are violently drying; for which Crafsis and Diversity of Parts, as Myrtle is but gently, or hardly, hot at all, Galen calls it cold. This Effect, therefore, mentioned by Hippocrates, evinces, that Myrtle consists of very subtle Parts, and is of a highly drying Quality. I am surprized, that the Writers of the Chinese History, have not determined, whether Tea was beneficial for both Sexes. The same Hippocrates, in Lib. 1. de Morb. Muliebr. Sect. 5. Ver. 6. among other Things proper for expelling a corrupted Fætus, prescribes Myrtle-Berries, Sweet Flag, and Lentiles, boiled in Wine, and, a little after, he recommends Pessary of the Leaves of Myrtle for the same Purpose: And in Lib. de Natur. Muliebr. Sect. 5. he orders the Fruit of the Black Myrtle macerated in Water, and mixed up with fine Flower, to be exhibited as a Medicine for rendering the Body soluble, and opening the Uterus. Galen also, in Lib. 7. Med. Simpl. informs us, "That Myrtle consists of contrary and heterogeneous Substances, that a cold and terrestrial Principle, however, predominates in it, notwithstanding which, it has a certain subtle Heat, in consequence of which, it is
of an highly drying Nature: That the Leaves, the Buds, the Fruit, and the Juice, have different Degrees of Astringency; that the dried Leaves are more exsiccant than such as are green; and that all Parts of the Plant are of an astringent Quality, whether used internally or externally." The same Author, in *Lib. 2. de Aliment. Facultat. Cap. 18.* affirms, that, like the Fruit of the *juniper,* it nourishes little, though it is possessed of a contrary Quality: "For, says he, it is highly astringent; and, for that Reason, stops Fluxes; but its Coldness does not bear a Proportion to the Degree of its Astringency." (Circumstances which ought to be carefully adverted to in investigating the Virtues of *Tea,* the *Myrtle,* and the *Chamelaagnus*) "because it is not only astringent, but also possessed of a certain Acrimony. Besides, it is peculiar to all Aliments, possessed of a strong medicinal Quality, to lose that Quality," (which Words I would have the Reader carefully observe) "by boiling, roasting, or Maceration; after which they afford but little Nourishment, and before none at all: This holds true in Onions and Leeks." *Dioscorides,* in *Lib. 1. Cap. 156,* tells us, "That the *Myrtle* and its Seeds are of an astringent Quality; and, that the Juice
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Juice expressed from the green Berries, produces the same Effects, is beneficial to the Stomach, creates a Discharge of Urine, and cures the Bites of venomous Spiders and Scorpions, if drank in Wine." He also informs us, that there are two Kinds of Myrtles, in like Manner as there are two Kinds of Tea, sent into Europe, by the Chinese. Athenæus, in Deipnosophist. Lib. 15. tells us, "That such of the Greeks as were afflicted with Head-achs by drinking too much Wine at their Feasts, stood in need of a Remedy for their Disorder, which, by a certain Instinct of Nature, they knew to be most expeditiously removed by Bundles of Flowers, and especially by Garlands wore on the Head; for, according to Andreas, when any one was seized with an Head-ach, his Pain was forthwith alleviated by tying it tight up:"

(This may be accounted for from Harvey's late Discovery of the Circulation of the Blood)

"For this Reason they swathed the Heads of those who had drank to Excess, with a Crown wove of an hederaceous Plant, which is plentifully produced without any Culture, which is sufficiently beautiful, and throws a grateful Shade over Forehead and Eyes. For this Reason such Crowns seem to have been dedicated to Bacchus, who both invented Wine, and was supposed to remove
remove the Disorders produced by it: But, in process of Time, Mankind became so voluptuous, that they were not content to have the Effects of Drunkenness removed by this Disorder; but also fought to gratify their Smell and Eyes. Then they began to use a Crown of Myrtle, which is astringent, and dispels the Exhalations of Wine, or a Garland of Roses, which, in some measure, alleviates the Pain of the Head, and cools those who are overheated by excessive Drinking: But over their Cups, they never used the Laurel, which is heating, and of a disagreeable Smell: They also rejected Violets, which by their Smell offend the Head, and every other Thing, which could either create Uneasiness, or produce Obstructions.” And afterwards, he declares himself of Philonis’s Opinion, in the following Words: “But I am entirely of the Sentiments of Philonis, who affirmed, that a Crown of Myrtle dispelled the Vapours of Wine, and a Garland of Roses refrigerated and alleviated the Pain of the Head.” Bodæus, a Stapelen. in Comment. Lib. 4. Hist. Plant. Theophr. informs us, from Clemens Alexandrinus, that the Myrtle was efficacious for exciting Laughter, which is represented as the Comitant of Venus:” And he adds, that Myrtle was supposed to be so grateful to this Goddess,
Goddes, that all who celebrated her Festivals, were adorned with Crowns of it. The same Author, from Athenæus informs us, that the Lesbians crowned themselves with Wreaths of Myrtle Twigs, which they called Hypothymidæ; because, as he tells us, they refreshed and revived the Brain by their grateful Fragrance. Those who desire to know more concerning the Virtues of the Myrtle, may consult the Histor. Plantar. Universal. Ebrodunens. Herbarior. Lib. 5. Cap. 1. where, what we have advanced, is farther confirmed, or similar Qualities of the Myrtle ascertained. But we proceed to enquire into the Virtues and Qualities of the Myrtus Brabantica, or Chamelæagnus. Though a great deal is not said of this Plant, which Bauhine calls the Rhus Myrtifolia Belgica, either by the antient or modern Botanists; yet that it is possesed of singular Virtues, is evinced from this, that Pliny, in Lib. 24. Cap. 11. informs us, that the Herb called Rhus, which, according to Clusius and Dodonæus, is our Chamelæagnus, expels Poison; and cures scalled Heads; a signal Proof, that whether green, or dry, it abounds with a singular volatile Salt and Sulphur; which is also farther confirmed, partly by its acrid, tho' not ungrateful Smell, and partly by the Effects it produces. This is sufficiently confirmed by the Authority of Dodonæus, who speaks
speaks of its Qualities and Virtues in the following Manner: "Its Seeds, says he, are intensely hot and dry, almost in the third Degree: Its Leaves are also hot and dry, though in a much smaller Degree: Its Fruit, which is prejudicial to the Brain, when used in preparing Ale, which is customary with many, renders the Ale highly offensive to the Head, and soon productive of Intoxication or Drunkenness. The whole Shrub, and its Fruit, when dried, and laid among Clothes, serve them from Moths and Worms." It also banishes Dormice, as I have observed in my Quadripartit. Botan. Besides, a certain Person of great Distinction in Holstein, and a Man of the strictest Veracity, informs me, that the Polanders use our Chamelaæagnus for killing the Lice of their Hogs; for, if this Plant is strewn under them in their Styes, the Lice which infest them will be destroyed in a few Hours; nor will their Nits ever become alive. Besides, Serpents are never found to have their Holes in those Forests, which produce the Chamelaæagnus, nor are they ever observed to come near it, much less to creep through it, as I have been informed by Forest-Keepers of great Veracity. It is not, therefore, to be denied, but the Chamelaæagnus is an Herb of singular and excellent Virtues, since it produces these, and a great many
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many other uncommon Effects. Dalechampsius, Author of the Herbarum Lugdunense, in Cap. 1. gives us the following Account of it: "The Rhus Sylvestris Dodonaei, and the Rhus Plinii seems to be another Plant, which is by some called the Myrtus, by others the Pseudomyrsine, and the Myrtus Brabantica. It is a low, woody, hard Plant, with many Branches, which bear pretty long Leaves, not unlike those of the Box-Tree. Between the Branches rise many Twigs, bearing, as it were, a great Number of Ears, which are, at first, loaded with many small Flowers, and afterwards with a Congeries of many angular Seeds, full of a certain punguous Humour, of the same bitter Tafte with the Leaves, Flowers, and Fruit, but of a pleasant grateful Smell, The Inhabitants of Roan in Normandy, whose dark and gloomy Forests produce great Quantities of it, call it Piment Royale, as it were Melysophyllum Regium. The Country People in Summer gather the Branches loaded with the Leaves and Seeds, tie them up in small Bundles, for no other Purpose, but to give Clothes an agreeable Scent, and hinder them from being corroded by Worms and Moths. Its highly bitter Tafte evinces that it is remarkably drying and discutient, and that it is in a peculiar Manner adapted to kill
and expel Worms, whether exhibited internally, or applied externally: It flowers in the Months of May and June, and bears Fruit in July and August." An anonymous Author, who makes some Additions to _Dodonaeus_, speaks of it in the following Manner: "The Gagel has, in English, the Appellation of Gold from the Gold-coloured Flowers, or the clammy sulphureous Matter lodged between the Seeds and their Husks. Gagel is, by some, esteemed a good Remedy, in all Cases, wherein the true _Myrtus_ is used; but this Opinion is false: The Flowers and the clammy sulphureous Substance lodged between the Seeds, and their Husks, are, by some, accounted good in Consumptions and all other Disorders of the Breast. These are also used in making Gold; others use the whole Plant as an Antidote against Poison. Some put Gagel into Beer instead of Hops; whilst others put it into Must, affirming, that it gives the Wine an agreeable Flavour, without injuring the Brain." These last Words excellently describe those Virtues of the _Chamelxagnus_, in which it agrees with the Chinese _Tea_, especially as the Author had before informed us, that, in consequence of its abounding with a viscid, yellowish Dew, or roscid Sulphur, it was of a drying Quality,
lity, and that it has hitherto been despised, as an Herb possessed of no other Virtues, than that of intoxicating, when Ale is prepared with it; and certainly, this Effect is to be ascribed to no other Cause, than the large Quantity of Sulphur contained in the Chamelaæagnus: But I am sensible, that I am entering upon chymical Principles, which I have fully explained in another Work, when treating of malignant Fevers, and especially the Nature, Genius, and Effects of volatile Salts and Sulphurs. Now, as no one has hitherto contradicted any of my Opinions, I hope this seeming Paradox, with respect to Tea, will meet with the like favourable Reception; for, from the Comparison instituted between the Chinese Tea, and the true Myrtle, it is evident, that they agree, not only in Form, but also in Virtues and Faculties: And as, not only Tea, but also the Chamelaæagnus, is like the true Myrtle, and may be used as a Succedaneum to it, we cannot doubt, but the Chamelaæagnus is the genuine Cha of the Tartars, or Thee of the Chinese; and as I have sufficiently demonstrated this, I hope the Europeans will not, for the future, be so foolish, as to despise the Tea produced in their own Climate, in comparison of that which is brought from China: Besides, that Tea is nothing else but our
our *Chameleaeagnus*, may be proved by the following Syllogism.

Whatever Things agree in Form and Virtues, are of the same Species:

The Cha of the Tartars, the Thee of the Chinese, and our *Chameleaeagnus*, agree in Form and Virtues:

Therefore, they are all of the same Species and Kind.

But Physicians may object, that I am still bewildered, and at a Loss; since the Chinese Tea, and our *Chameleaeagnus*, produce different Effects: For, as all the Effects which the Chinese or Indians ascribe to their Tea, seem to arise from the Diversity of its Parts, some of which are moderately warm, others excessively dry, some gross, and some subtle: Hence, both *Tea* and the true *Myrtle*, prevent Intoxication; nay, an Infusion of *Tea* surprizingly keeps those who drink it in China, from sleeping for some Nights. It may, therefore, be objected to me, that the *Chameleaeagnus* is so far from preventing or removing Drunkenness, that it forthwith intoxicates the Person who drinks the Ale in which it has been boiled; but these Effects are as diametrically opposite to each other, as those others are of the Chinese
Chinese Tea removing an Hemicrania, and Head-achs, and the European Chameleægnus exciting them: I answer, all this is true; but, at the same time, it is to be remembered, that Galen everywhere demonstrates, of how great Efficacy, the Diversity of Parts, in a compound Body, is; a memorable Example of which he has given, in Acorns arrived at perfect Maturity, in Tr. de Composit. Medicament. Loc. i. Lib. 6. I shall not affirm, that this Diversity of Parts alone, is sufficient to account for all the Effects produced by Tea, and the Chameleægnus: But I am of Opinion, that both considered, with respect to their whole Substance, and the Mixture of Parts peculiar to each, act not so much by their weak Heat, as by their excellent drying Virtues; so that they produce their respective Effects only by their primary or secondary Qualities. But I can easily prove, whence this Disagreement of Qualities derives its Origin. We are, therefore, to consider, that the Chameleægnus abounds with a Salt, and a glutinous Sulphur, of which, according to Dodonæus, the Seeds and Fruit cannot be destitute: But, I deny that this Sulphur is, in the least, offensive to the Brain and Nerves; and affirm, that like the Wreaths of Myrtles, wore by the Lesbians, it, by its Fragrance, comforts and revives the Brain; for, if it was otherwise, I
I do not see how Ministers and Ambassadors to the Courts of China, should often, by the Use of Tea, be enabled to attend Business for whole Nights, without sleeping: This Account, however, must either be confirmed, or refuted, by Experience. Diogenes Laertrius informs us, that Democritus, when nothing else could be of any Service to him, protracted his Life three Days longer, only by the refreshing Smell of Bread, newly taken from an Oven. Thus, also, the moderate Use of Wine revives, corroborates, and, by its Sulphur, dries the Nerves; which is sufficiently known by Dancers, who frequently bathe their Feet in Wine, in order to strengthen them; and by Musicians, who take the same Measures with their Hands: And if other Persons would frequently bathe their Feet and Hands with Wine, impregnated either with Rosemary, Sage, or Betony, it is incredible, how much it would contribute to their Health. Besides, it may happen, that, by this Means, malignant Disorders may be prevented. This Redundance, therefore, of a volatile Sulphur in the Chamelæagnus, which palpably affects the Smell of those who walk in Copy Ground, disturbs the Brain, intoxicates, and produces Head-achs. Thus, in Wine-Vaults, a Person is intoxicated by drinking, sooner than elsewhere, because the Wine, though contained in close Casks,
Casks, sends forth sulphureous Exhalations, which escape the Sight. It is certain, that the Tartars import their Cha, or Chamelaëagnus, into China; but, it is not, to me, probable, that they prepare it in the same Manner with the Chineses: For, if we consider the Customs and Regimen of the Tartars, we find them intolerably addicted to Drunkenness; notwithstanding which, they are very robust and hardy: Hence, if they eat Herbs crude, and also boiled, as they do their Baltracan, it is probable, they toast their Cha, or dry it, and use it, whether after a Cropula, or not, and whether they are afflicted with a Pain of the Head, or not; provided they are intoxicated with it, as the Country People of Europe are with the Chamelaëagnus. In order to correct this intoxicating Quality of the Chamelaëagnus, the Chinese gather the Leaves in the Spring, and not in the Summer: Now, it is sufficiently certain, from chemical Observations, that the sulphureous Parts of Herbs are easily exhaled. This was well enough known to Galen, since, in Lib. de Aliment. Facultat. Cap. 18. he tells us, that the drastic Qualities of Substances, that is, their saline, sulphureous, and volatile Parts, are corrected, or drawn out by boiling, roasting, or Maceration. Hence, the Chinese toast, or carefully dry their Tea, in a Stove; after which, they macerate it for
for a Quarter of an Hour in warm Water, but do not boil it, left, by that Means, it should be deprived of all its Virtues: Thus, it is sufficiently known, that Rhubarb is deprived of its purgative Qualities by toasting it, and Alexandrian Senna by being boiled, and strongly expressed. If, therefore, as I before hinted, the Europeans would imitate the Chinese, they would only use those Leaves of the Chamelaëagnus, which are gathered in the Spring; but not the Shrub itself, nor the Flowers, nor Seeds, boiled in Ale instead of Hops; for the Leaves ought only to be macerated: Nor is it probable, only that the Chamelaëagnus would intoxicate so soon, if it was entirely deprived of its Seeds; for this Effect is produced by the Sulphur which abounds in other Herbs and Shrubs, as well as the Chamelaëagnus, and is sometimes more, and sometimes less volatile, or fixed: Thus, the Scent of the Heart of the Moschatella is entirely lost, by being frequently smelled. The Geranium Moschatum also, has this peculiar to itself, that when it appears half withered, it emits no Smell; but sends forth a strong one when gently rubbed between the Hands; for if it should be bruised, the Labour would be lost. Rue also contains so volatile a Sulphur, that, when it is dry, it has almost no Colour, whilst its Seeds are oleous and sulphurous. Wormwood holds a Kind of Medium,
constituting of one highly volatile Principle, which greatly affects the Head; for which Reason some would have it washed in warm Water before it is used for the Preparation of the Vinum Absinthites, and another of a more fixed Nature; as also a volatile and fixed Salt: Thus, also, Garlick, Mother of Thyme, and especially the Laurel, abound in Sulphur, as well as the Chameleaeagnus, in which, indeed, it is more slowly and difficulty consumed, than in the others. When, in order to investigate the Virtues and Faculties of the Chameleaeagnus, I kindled some Part of it, together with the Seeds; it did not burn suddenly, like the Juniper, but slowly, like the Beech, with certain Noises, or Kinds of Explosions, intermixed. The Smoak, which filled the whole Laboratory, was of an acrid Smell, highly resembling that of the kindled Twigs of the Beech: Hence, we infer, that the Chameleaeagnus contains a large Quantity of Sulphur and volatile Salt. From these Reasonings and Experiments, I think it is sufficiently obvious, that it is, upon account of the grateful and duly corrected Sulphur of the Chinese Chameleaeagnus, that the Brain is so much refreshed, and that Persons who use it in China, can, without any Loss, sit up whole Nights in transacting Business; a memorable Instance of this we have in Alexander Rhodius, who
who always had Disorders of his Head removed by drinking it: Whereas, the European Chameleaegnus, especially that which is full grown, and abounds with Seeds and Flowers, when boiled in Ale, intoxicates those who drink such Ale, procures Sleep, and excites Head-achs. These Circumstances, when impartially weighed, will vindicate me from Partiality, when I despise the costly Chinese Chameleaegnus, and, in its stead, substitute our own, a Shrub of uncommon and excellent Qualities against Poison, and the Bites of Serpents: Since, according to Pliny, these noxious Animals cannot endure the Smell of it. These Virtues of the Chameleaegnus, we can teach the Asiatics, but can hardly believe that, by Virtue of their Tea, Persons may sit up all Night, without sustaining any Loss.

Every one is convinced that two Kinds of Tea are sold in the Shops, one of a blackish Colour, and the other of a faint Green; the one pretty much, and the other far less crenated: This Variation of the Chinese Tea, I can sufficiently account for; since Tulpius tells us, that the Leaves of the Chinese Tea are of a dark green Colour; whereas those produced in Japan are of a fainter Colour, and more grateful Taste; for which Reason, one Pound of the latter is, in the Indies, frequently
quenty sold for an Hundred Librae of Silver; or, according to Trigautius, only for ten or twelve Nobles. Notwithstanding this, the Shopkeepers of Amsterdam and Hamburg sold a Pound of this Commodity for eight Nobles, as I have often before observed.

I cannot, on this Occasion, forbear recommending the Conduct of Oluis Wormius, who, in his Musem, Lib. 2. Cap. 14. informs us, that he macerated a certain Quantity of both Kinds of Tea, in warm Water, and found the Leaves of the one, when spread, of a dark green Colour, crenated like Rose-Tree Leaves, oblong, and about an Inch in Length. Mr. Harford, the King's Apothecary, made me a Present of two large Boxes full of Tea, of different Colours: In the one Box, which contained the green, I found neither Stalks, nor Flowers, nor Seeds of the Plant, but only the Leaves; but, in turning over the Bohea Tea, contained in the other Box, I found three Stalks, so nearly resembling those of the Myrtle, that, not only Mr. Harford and I, but also some others, thought that they might be justly accounted the Stalks of the Myrtle: This, in so dubious a Case, is a pretty strong Argument, that Bohea Tea is adulterated with Myrtle, which may, very properly, be substituted in its stead, or rather exactly agrees with it.
This blacker Species of Tea, or Myrtle, is far cheaper among the Indians than the green Kind. The celebrated Olaus Wormius, on account of the vast Diversity in the Leaves of Tea, suspects that the Leaves of some other Plant are often sold in their stead. This also, as I before observed, often happens with respect to Tobacco. That I might not, however, be charged with Rashness, or falsely accusing the Asiatics of Fraud, I thought it incumbent upon me, attentively to view the Chinese Tea; for which Purpose, I ordered Mr. Harford's two Apprentices, to pick out some of the largest, and most perfect Tea Leaves, to be macerated in warm Water, and then spread and unfolded: Accordingly they shewed me ten, which were neither lacerated, nor torn; and two of the most perfect of which were accurately engraved by Albert Halwey, the King's Engraver. See Histor. Cochlear. 4. Class. Quadripartit. Botanic. These Leaves were of different Shapes and Bulks, but so like those of the Chameleagnus, that the one could hardly be distinguished from the other. The Leaves of the green Kind seemed to be produced by an Herb, or Shrub, of a quite different Species from the Chameleagnus, the Leaves of which, when gathered small, and in the Spring, make, in my Opinion, the most genuine Tea.
But though I have before shewn, from the Authority of Baubine, that the Leaves of one and the same Chameleæagnus, sport and vary considerably from each other; yet, I would not, because this may also probably happen to the Chinese Tea, have any one infer, that, in China, the Tea, which some maintain to be the Cha of the Tartars, is not adulterated. I am, indeed, of Opinion, that it is adulterated, but never either affirmed, or so much as intended to insinuate, that Nature sported and varied so in the Chameleæagnus, either of the Tartars, or Europeans, as to produce Leaves of a different Species: Nor is this Variation, and Sporting of Nature, surprizing in the Chameleæagnus; since it is equally, if not more, palpable, in Prunes of different Colours, Peaches, Apricots, sweet and bitter Almonds, and the Leaves produced by these Trees. I have often carefully viewed and turned over all the three Thousand Plants, with which my Repository is enriched, in order to see whether any of them resembled the spurious Chinese Tea, or that with which the genuine is adulterated; and I found the Leaves of two Shrubs highly similar to those of the spurious Tea: The one is by Carolus Clusius, in Lib. 5. Rarior. Plantar. Histor. Cap. 20. called Pyrola quarta Fruticans; and Baubine, in his Pinax, calls it the Pyrola Frutescens Arbuti Folio: The other
other is a Shrub, called by Clusius, in Lib. 1. Hist or. Plant. Cap. 53, the Spiraæ Theophrasti, and by Baubine, Frutes Spicatus Foliis Salignis Serratus dictus.

As it was expedient to compare my Description of the Chinese Tea with those which Dodonæus gives of the Herb Betony, and the Chamelæagnus; so, in this Place, I think it proper to insert the Descriptions which Clusius has given of the Pyrola Fruticans, and the Spiraæ Theophrasti; the former of which he describes in the following Manner: "One Genus of this Plant is sometimes of a shrubby Nature; for new, short, and small Branches springing up every Year, remain firm and green for some Years, and rise above the Earth, till by their own Weight they bend downwards, hide themselves in the Ground, and sometimes send out fibrous Roots. Two, three, or four small carnous Leaves generally grow between the Nods: The superior Parts of these Leaves are of a deep green Colour, and shining, whilst, in Form and Bulk, they almost resemble those of the Chamaedaphne, or Laureola, only they are serrated about the Edges, and of an highly drying and bitter Taste, like the Leaves of the other Species of Pyrolæ." These last Words ought carefully to be adverted to. The same Clusius,
A TREATISE on Clusius, in Lib. 1. in Rarior Plantar. Histor. describes the Spirea in the following Manner: "It rises to about the Height of two Cubits, with small Branches, or Twigs, covered with a reddish Bark. Among these Branches arise, without any Order, numerous, long, and narrow Leaves, resembling those of the Willow, serrated about the Edges, with their superior Surfaces of a faint green, and their inferior as if they were besprinkled with Verdegrease: They are of a drying and kind of bitter Taste." The last Words of this Description are also to be carefully adverted to, since the Leaves of Tea are not only serrated, but also of a drying and bitter Taste. As, therefore, the Pyrola Fruticans of Clusius, and the Spiraea of Theophrastus, and especially the former, are of a drying and bitterish Taste, it is highly probable, that the Chinese Tea may be adulterated with one, or both of these; especially, since they not only greatly resemble each other in Form, but also in Taste. A Cut of one Leaf of the Pyrola, I have annexed to the Description of Scurvy-Grass, in my Quadrupartition, No. 9. and another of a Tea-Leaf, produced in China. As for a Cut of the Spiraea, the Curious may have recourse to Clusius, or they may find one Leaf of it accurately engraved in Plate 2, of this Work; where two
two Leaves of Chinese Tea are engraved. The larger of these is so like the Spiræa of Theophrastus, both in Length, Breadth, Bulk, the Course of the Veins, and the Disposition of the Crenations, that there is hardly the smallest Possibility of distinguishing the one from the other: But both these Leaves are vastly unlike to that Tea Leaf which, in No. 7. of the last cited Plate, I ordered to be engraved, with the Cochlearia Danica: But the other small uncrenated Leaf is like the Chinese Tea, as the latter is like the Chamelaegnus, which, as I have already observed, sports and varies very surprizingly in its Leaves: This latter, I take to be genuine Tea; whereas, I am of Opinion, that the former, resembling the Spiræa, is spurious. Since, therefore, both Tartary and China, abound with the Pyrola, and the Spiræa of Theophrastus, I think we have just Reason to conclude, that all the Leaves sold among us for Tea, have not been gathered from one Species of Shrub, or Herb, but are adulterated with those of the Pyrola, the Spiræa, or some other Shrub; among which, we may justly reckon the Rhus, or Sumach, on account of the Similarity of its Leaves, Flowers, Taste, and Bulk; though I am sensible, that the celebrated Bauhine, in his Pinax, has placed it among the Species of Agnus Castus, and made it a Kind of inter-

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mediate
mediate Plant, between the Vitex and Ligustrum, calling it Frutex Spicatus Foliis Salignis Serratis. In consequence of this, it seems dubious to what Kind of Shrubs it is principally to be referred: Its Flowers grow in a spicated Order, on the Tops of the Twigs, like those of the Agnus Caftus; so that the Spiraea very much resembles the Vitex: But, when the Flowers, and crenated Leaves of the Spiraea, are accurately viewed, we find, that it is more justly referred to the Rhus, or Sumach, than to any other Species of Shrub. As neither Theophrastus, Clusius, nor Bodeus a Stapelen, have mentioned its Virtues, I shall not affirm that they agree exactly with these of the Chinese Tea; only, it is highly probable, that the Chinese Tea is adulterated with the Spiraea, either by the Asiatic or European Dealers. Avarice has not only prompted People to this Piece of Fraud, but also to lodge Tobacco in Office-Houses, in order to render it more acrid. In order to evince how like the Chinese, or Japonesè Tea is to the Spiraea, I refer the Reader to Tab. 1. Fig. 6, & 7, the former of which is a Leaf of Tea, and the latter that of the Spiraea.

Happening one Day to visit Hieronymus Molmanus, a learned Jesuit, to whom I communicated my Paradox about Tea; that Gentleman,
tleman, upon my commending Trigautius and Rhodius, ordered me to read Martini Martinii novus Atlas Sinensis, as the best and latest Account of the East Indies, or rather of China. When I found this Work, I was glad to meet with a Description of the Cha, in the Account of the Town Hojechu in Nan-quin, in which the Author affirms, that it is no where better and more valuable. Martinius informs us, that the Chinese Tea belongs to the Rhus, and is highly similar to it: But this Rhus, as I have already shewn from Pliny, Clusius, Dodonæus, and Dalechampius, is the same with our Chamelæagnus. Hence, it is not only obvious in itself, but confirmed by the Authority of Martinius, that the Chinese are guilty of Fraud and Impof- ture in adulterating their Tea.

The Description which Martinius gives of the Thee, is as follows: "The Leaves, most commonly known by the Name of Cha, are no where more valuable, than in the Province of Nanquin; and, for the Sake of the Curious, I shall describe them as briefly as possible. The Leaf is exactly similar to that produced by the Rhus Corriaria; and I am apt to think the former is a certain Species of the latter, though the Thee is not wild, but cultivated, is not a Tree, but a Kind of Shrub, sending forth various
A TREATISE on various small Branches: The Flowers of
the one do not much differ from those
of the other, except that those of the
latter are of a more yellowish White than
those of the former. The Tea flowers in
the Spring, and the Flower emits a gently
fragrant Smell. It is succeeded by a green
Berry, which soon assumes a blackish Co-
avour: The tender Leaves appearing in
the Spring, are thought best. These,
when gathered, they put into an Iron
Pan, over a slow Fire, and heat them a
little; then they put them in a thin fine
Cloth, and again expose them to the Fire,
till they are entirely dry, and shrunken
up. When thus prepared, they generally keep
them close stopped leaden Vessels, in order
to prevent Evaporation, and the free Access
of the Air. After they have been kept a long
Time, they resume their primitive Verdure,
and expand themselves when put into boil-
ing Water, in which they produce a green-
ish Colour, and communicate to it a pretty
grateful Taste, especially to those who are
accustomed to drink it. The Chinese
greatly extol the Virtues of this warm Li-
quor, which they frequently use by Day
and Night, making it the common Enter-
tainment for Strangers and Visitors.
The Price is very various, since a Pound
ascends from an Halfpenny, to two, or
or
or more, Nobles: To this Liquor, it is
principally said to be owing, that the
Chinese are never afflicted with the Gout
and Stone. When drank after Meals, it
removes Crudity and Indigestion, for it
greatly assists Concoction: It affords Re-
lief after hard Drinking, and Surfeits of
every Kind; for it is of a drying Quality,
removes superfluous Humours, expels som-
niferous Vapours, and prevents Drowsi-
ness and Oppression in those who incline
to study: It has various Names in China,
according to the Places where it is produ-
ced, and the different Prices of it. The
best in Nanquin, is generally called Sun-
glocha. For a farther Account, the Cur-
rious may consult Rhodius de Regno Tun-
kings." Martinius also informs us, that
the City Luchen, in the Province of Kiang-
nan, is celebrated both for the great Quan-
tities, and the Goodness of its Tea.

I could heartily wish, that all the practi-
cal Physicians in Europe would concur to
giving a Sanction to this Doctrine by their
Practice; for, besides the Testimonies of
Trigautius and Rhodius, I am certain from
Experience, that the Cha is the Rhus Co-
riaria, or a certain Species of it, whose Qua-
lities and Marks are known from what has
been
been already said. I do not, in the least, doubt, but the Cha of the Tartars, or the Thee of the Chinese, is our Chamelæagnus, or Pliny’s Herb Ῥbus; especially since Chu-sius, in Auctar. Esoticor. Libror. expressly asserts, that from the Cuts of some Chinese Books, which Pavius and Joseph Scaliger received in a Present from some East India Merchants, though coarsely engraved, he perceived that many Chinese Plants are exactly similar to some of those produced in Europe. This Circumstance renders it highly probable, that China which borders upon Tartary, produces our Chamelæagnus. I am heartily sorry, however, that I have not had an Opportunity of conversing with Martinius on this Subject, since, according to Galen, in Lib. de Compos. Med. Cap. 3. reading an Author’s Works, is not so satisfactory, as a personal Conversation with him. However, as I have only followed Reason, and the Course of my own Thoughts, I hope I shall have no Cause to repent my Labour; since, according to Cornelius Tacitus, in Annal. 15. many Things are obtained by Experiments and Efforts, which, to the lazy and sluggisht Part of Mankind, seemed highly difficult, if not impossible. Thus the Romans, by Bravery and Activity, raised their originally petty State, to a most extensive and
And powerful Empire. **Columbus** discovered **America** by Reading and making Efforts for that Purpose. **Copernicus**, and **Ticho Brabe**, by their extensive Acquaintance with Mathematics, discovered and demonstrated many important Things, unknown to our Forefathers. The illustrious **Hoffman**, in **Paralcip. Officinal**, when giving a noble Scope to his Imagination, in the Investigation of Mineral Waters, tells us, that the advancing probable Things, is an Advantage to the Cause of Truth, and was always looked upon as such by **Plato, Aristotle, Galen**, and all other Philosophers. Notwithstanding the incomparable Learning and Industry of **Martinius**, I cannot comprehend some Things in his Description of **Tea**; for I cannot conceive why he afferts, that the **Rhus Coriaria** is not wild, but cultivated among the Chinese; since **Matthiolus, Baubine, and Hoffman**, do not, with Galen, make a Distinction between the **Rhus Coriaria**, and **Culinaria**, which, by **Trigautius and Rhodius**, is called the **Cba**, or **Thee**; but if **Martinius** had mentioned the **Myrtle**, I should have conjectured, that he followed other Botanists, who exclude the **Myrtus Sylvester Dioscoridis**, in the Shops known by the Name **Ruscus**, or **Bruscus**, from the Species of true **Myrtles**. Thus **Marcellus Vir-**
A TREATISE on Virgilius, in Comment. in Dioscorid. Lib. 1. Cap. 132. makes a great Difference between them in the following Passage: "The "Myrtus Sativa of Pliny, which I describe "in this Chapter, is not like other Plants, "sown in continued Tracts of Ground; "and though it thrives better in Gardens, "than in uncultivated Soils, this is not the "only Difference between it and the Myr-"tus Agrestis, which is a Plant of an in-"tirely different Kind, which the Greeks "call Oxymyrsene, and the Latins, Ruscus; "for, upon Comparison, the Myrtle is "milder than the Ruscus, whose culpidated "Leaves are prickling and sharp. It is, "however, certain, that the Ruscus was, "by some of the Antients, called Myrtus "Sylvestris." I do not remember, that any Botanist has brought such a Charge against our Chamelæagnus, since it is universally enumerated among the Species of true Myrtle, though of the wild Kind. The Reason why Martinius calls the Chamelæagnus a cultivated Plant, as I suppose, is, because the Chinese, seeing us so fond of Tea, have begun to cultivate it, in order to draw the Profits arising from it, just as the Europeans do the Vine, for the Sake of the Grapes, the Persians the Mulberry-Tree, for the Silk; the Inhabitants of Narbon and Provence, the Ilex
Ilex Coceigera, for the Sake of the Cochineal; or the Americans the Tobacco, on account of the large Quantities of it imported into Europe. As Trigautius thinks it not impossible for Tea to grow in some Parts of Europe, and as Rhodius affirms, that the Chinese are as busy in the Time of gathering their Tea, as the Europeans are in their Harvest; so, it is probable, that some Tracts of Land may be sown with Tea in China; notwithstanding which, it is more agreeable to the usual Way of speaking, to call Tea rather a wild, than cultivated Shrub. The Chinese also, according to Rhodius, do not gather all the Leaves produced by the Shrub, but only such as appear first in the Spring, and are soft and tender, which they also gather, one after another. Hence I infer, that the Leaves in the Summer, are very unlike those in the Spring, which is also observed in those of our Chamelæagnus, with respect to Softness, Smoothness, and Colour; so that it is not to be wondered at, if the Chinese Chamelæagnus appears milder than our own; since they collect, prepare, and dry theirs in a quite different Manner from us: "For, first, they put it in an Iron Pan, and warm it gently over a slow Fire; then, they wrap it up in a smooth, thin Cloth, and again expose it to the Fire, till it
it is corrugated, and shrivelled up." Hence it is, that our Chamelaegnus, when macerated in warm Water, is of a different Colour, Taste, and Smell from the Chinese Tea, though their Effects are the same, only those of the former are stronger and more considerable than those of the latter. If, therefore, in our Country, the Chamelaegnus was gathered with the same Circumstances, Pains, and Precautions observed by the Chinese, I doubt not but it would be equal to their Tea; for if the same Measures are not taken in the preparation of the same Herb, how is it possible, that it should produce similar and uniform Effects, especially if the one is gathered in the Spring, and the other in the End of the Summer: The one artificially dried in the House, and the other dried in the open Air by the Heat of the Sun; the one collected when it begins to appear, and other when the Plant is full of a roscid, sulphureous Dew, and bears Flowers, and Seeds. For this Reason, Scherbius justly observes, "That when many Things concur to the Production of the same Effect; all these Things ought to be exactly the same." Hoffman, in Comment. Lib. 7. represents this Doctrine in the following accurate and beautiful Manner: "Individual Objects often appear to our Senses to have no Difference; whereas,
whereas, a very considerable one is observed in their Effects. This Circum-
stance constitutes that Individuality, which cannot be described, and which, I remem-
ber, Scherbius, my old Master, used to il-
lustrate by the following Simile: If a Bell-
Founder should make twenty small Bells, of the same Metal, in the same Mould, at the same Time, and in the same Place; yet the Sound of no one of them will be perfectly similar to that of another. What can be the Cause of this Variation? The Artist, the Mould, the Metal, and the Fire, concur to produce the same Effects, which, however, is not obtained. Besides, if we were carefully to examine these Bells by the Sight, the Touch, the Weight and other Circumstances, we can discover no Difference; which, however, is sufficiently evinced by the Sound. Some Things, said my Master, can neither be described, nor expressed, and of this Kind are these Differences. Perhaps, in this Case, there is not an equable Thickness of the Metal, because the Fire has not equably pervaded all its Particles. Perhaps the Surface is not everywhere smooth because the fused Metal might have been in some Parts more refrigerated than in others: and perhaps, there may be other Variations; for,
"for, unless all Circumstances exactly concur, the same Sound cannot be produced in all the Bells." I have quoted this Passage from Hoffman, lest any Person, observing some Differences between our Chamelæagnus, and the Chinese, or Tartars Tea, should forthwith doubt, whether they are Shrubs of the same Species, as I have already proved them to be. The Chinese Tea, therefore, and our Chamelæagnus, are Shrubs of the same Species; though, for the former, we go beyond the Cape of Good Hope, into China, cross the Equator four Times in every Voyage, and expose ourselves to uncommon Hardships and Dangers, in order to bring Home the Leaves of an unknown Shrub, which has not the same Virtues and Qualities for which the Chinese Tea is celebrated in China, and to which our European Betony is preferable. Since, therefore, the Chamelæagnus is now sufficiently known, we have no more Occasion for Tea from China, than we have for Arum from Asia, Wormwood from Pontus, or Scordium from Crete.

I now proceed to consider the peculiar Virtues commonly suppos’d to reside in Tea, but which I assert are equally to be found in European Plants; for the Chinese are guilty of a fulsome Exaggeration, when they assert
assert that it has a Tendency to prolong Life. The Virtues, then, of the Tea, seem to be most accurately described by Rhodius and Martinius, who seem to have reduced them to three Heads; the first of which, according to Rhodius, is, that it alleviates Pains of the Head, and represses Vapours: The second, that it corroborates the Stomach: And, the third, that it expels the Stone and Gravel from the Kidneys. These Virtues are, by Martinius, recited in the following Order: To the drinking of this warm Liquor, it is said to be owing, that the Chinese are Strangers to the Gout and Stone. When drank after Meals, it removes Crudities and Indigestion. When exhibited to drunken Persons, it affords them Relief, and prevents the bad Consequences of Surfeits; for it is of a drying Nature, carries off superfluous Humours, expels somniferous Vapours, and removes the languid State of Students, who are oppressed by long Application. These Virtues are, at present, to be carefully examined. I shall not here speak of those Qualities, which are the Result of its Temperature; since I before evinced, that the whole Substance of the Tea was grateful to the Brain; but at the same time shewed, from a singular Observation, that Betony was possessed of the same Virtues and Qualities.
First, then, it is asserted of Tea, that it removes the bad Consequences of Surfeits, because it is of a drying Nature, and carries off superfluous Humours: The same Effects are also produced by Betony: But as for the Expulsion of somniferous Vapours, and removing the languid State of hard Students; these Properties are more frequently ascribed to the true Myrtle, than to Betony; which, however, as we shall afterwards shew, is also recommended against Intoxication.

The second Virtue of Tea macerated in warm Water, is, that it corroborates the Stomach; which Effect is also remarkably produced by Betony.

The third Virtue it is said to be possessed of, is, that it frees the Kidneys from Stones and Gravel; for which Reason, according to Martinius, the Chinese are Strangers to nephritic and arthritic Disorders. Betony remarkably produces this Effect, and, at the same time, is a powerful Preservative against the Gout. The other Qualities of Tea, enumerated by other Authors; I shall not here mention, that I may, at more Length, compare it with Betony. The Reader may, however, consult my Quadripartitium, and Antonius Musa, who, in Libell. de Betonica, affirms,
affirms, that *Betony* is possessed of so excellent medicinal Virtues, that it cures no less than forty-seven Disorders; which none of the Chinese have ever dared to assert, concerning their *Tea*: The *Asiatic Tea* is, therefore, far inferior to the *European Betony*. The same Author affirms, "That *Betony*, previously taken, prevents Intoxication." By which Words, *Musa* insinuates, that it guards against a Surfeit, and, consequently, frees us from Drowsiness; so that the whole Substance of it is equally grateful and refreshing to the Brain with *Tea*. It were to be wished, that this Physician had directed the Method of preparing *Betony*, in order to prevent Intoxication; by which Means the *Europeans* would, in all Probability, have been encouraged to greater Care and Diligence in cultivating, drying, and separating the small from the large Leaves of our *Chamelæagnus*, a Decoction of whose Flowers would have been as grateful to them as that of the Chinese *Tea* is to them. But if any should foolishly dread the Use of the *Chamelæagnus*, which, however, is much used, and greatly extolled in *Denmark*, and the Lower Saxony; such Persons may, I think, substitute *Betony* in its Room. But, if a Physician should order an *European Cobler*, or *Day-Labourer*, fre
quentely to use a Decoction of Betony, they would sneeringly bid him use his insipid Water himself. But the Custom of drinking Tea only prevails, because it is a new Thing, unknown to the Forefathers of the Chinese, and is imported from Asia into Europe, whose Inhabitants of all Ranks are so excessively fond of it, on account of its grateful Bitter, and sub-affringent Taste: The same may be said of the Indian Chocolate, and the Water impregnated with the Chavva of the Persians, since these three Liquors have generally no more grateful a Taste, than a Decoction of coarse European Pears, or what the Germans call a Pear-souse.

But, as Antonius Colmeri de Lodesma has given a distinct Account of Chocolate, and the Method of preparing it, the Reader may expect that I should say something of the Use and Method of preparing the Water of Chavva; and this I shall the more willingly do, because no Physician, or Botanist, so far as I know, has expressly, but only accidentally, and imperfectly, given the History of the Chavva. But I would advise Physicians to order the Use, not only of Chocolate, but also of the Chavva, very sparingly; though both Liquors are highly com-
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commended by the high and learned, as well as the low and illiterate Part of Man-
kind: For Hieronymus Benzo, who, according to Dalechampius, Lib. 18. Histor. Gene-
ral. Plant. calls it, "A Wash rather fit " for Hogs, than a Liquor proper for hu-
" man Creatures." Benzo, after residing
above an Year in the Province of Nicari-
quan, in America, had, all the while, a mort-
tal Aversion to this Liquor; till, falling short
of Wine, he learned to imitate the Natives,
that he might not be under a Neceffity of
drinking Water perpetually. This Liquor,
by its somewhat bitter Taste, refreshes and
refrigerates the Body, without intoxicating
those who use it. This is the principal and
dearest Commodity of those Countries; nor
do the Indians, who use it, esteem anything
more highly, according to Clusius, Lib. 2.
Exot. Cap. 29. and Anonym. Auctar. in Do-
don. I must own I should, with Benzo,
have preferred pure Water to this unnatural
Mixture, which, as well as Coffee, and Tea,
the Europeans may very well want, without
any Loss of Health: And it were to be
wished, that the excessive Demands for all
these, did not excite People of fordid Tem-
pers, to adulterate them, with Subftances of
heterogeneous Parts, and such as are unfriend-
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A TREATISE on

mentioned, with respect to Tobacco, is the Reason why, in our Age, we are seized with Disorders, the Names of which are not so much as mentioned in the Writings of the Antients. Hence Bartholin thinks, "That Aromatics and Spices, which are no lefs the Causes of Wars in Europe, than of Commotions in the Body, ought to be prohibited; since the Purposes of Life and Health will be far better answered, by cleansing the Blood now and then with the Leaves of the Coluthea, Water-Cres- ses, or Fumitory. We are also to chufe an Antidote for common Ufe; but not the Theriac, of which the Emperor Antoninus took the Bulk of a Bean every Morning, nor the Mithridate; for these are injurious by their Heat, and consequently improper for us. But we are to use Conserve of Roses, Rob. of Elder, Electuaries of Marygolds, the Morus Nor- vegica, and other indigenous Plants, whose Qualities are best suited to our Tempera- ments and Constitutions." But the Use of the Herb Tea, if it could be brought fresh and recent from China into Europe, would be more tolerable than that of Chocolate, and Coffee, which is of all others the worst: Since a Deccoction of the Chavva surprizingly effeminates both the Minds and Bodies of the
the Persians; by imitating whom, we shall never arrive at that Vigour and Hardines, which Julius Caesar, and Cornelius Tacitus, so much admired in our Forefathers.

We have before observed, that Amurath, the fourth Emperor of the Turks, under Pain of Death, totally prohibited the Use of Tobacco, left his Subjects should become barren. But we Europeans heedlessly go on by the Abuse of Coffee, to emasculate ourselves like the Persians, who are fond of Sterility, and, according to Olearius, much more falacious than the Europeans: But of this Effect of Coffee we shall afterwards treat.

As the Fruit of the Cacao, or Cacarate, which resemble Almonds, are the Basis of Chocolate, they are found engraved in Tabernemontan. Lib. 3. Cap. 16. So that I shall here give no Cuts of them, since I have done that in Quadrípartit. Botan. Class. 3. No. 11, 12. when, describing the Seed Bon, or Ban, which is also called Buna, or Buncho, and Bunea, or the Seed from which is prepared the Coava, Caova, Cavve, Choava, and Cabuve, which, by a Corruption, is, no doubt, the Coffee of the Europeans.

If it should be asked, to what Class of Simples,
Simples, whether that of Herbs, or Trees, we are to refer the Plant which bears the Seed Bon, from which the Water of Chavve is prepared, and which is also mentioned by Olearius, in Itinerar. Persiae, Cap. 17. I answer, that some, ignorant of Botany, may take it for an Herb, whose Seeds resemble those of the Turkish Corn, or the Indian Corn, by Bauhine called Mays, or for our Wheat: Whereas, it is no Herb, but a Tree, by Olearius, in the last quoted Passage, described in the following Manner: "The Persians, in smoking Tobacco, have always the black Water of Chavve present. The Fruit with which they prepare this Liquor is sent from Egypt; and, in the inner Side, resembles the Turkish, though on the outer Side, the European Wheat. This Fruit is of the Bigness of a Turkey Bean, and the Shrub bears a white Flower. The Fruit, or Berries, they burn, or roast, in a dry Pan; after which they grind them, and boil them in Water, which they drink, and which has a Kind of hot, unpleasing Taste. It is esteemed a great Cooler; for which Reason it is drank by most; but if it is used to Excess, it extinguishes the Inclination to Venery, and induces Sterility." The Seed Bon, or Ban, is collected from a Tree bearing its own Name, if we may believe Prosper
Propper Alpinus, Lib. de Plaut. Egypt. Cap. 16. This Author, after residing some years in Egypt, saw the Bhoon-Tree in the Green-House of Hali Bei, the Turk. An entire Description and Cut of this Tree is also to be found in Tom. 1. Lib. 4. Histor. Plantar. Univers. Cap. 5. Since, therefore, Alpinus compares this Tree to our Euonymus, and says, that the former resembles the latter: Hence Caspar Bauhine, in his Pinax, places it among the Species of Euonymus, and calls it the Egyptian Bon, like the Euonymus, with a Fruit like Bay-Berries, from whose Seeds the Egyptians make their Liquor, called Coava. Though this Fruit, with respect to Figure, Bark, and Colour, is highly similar to Bay-Berries, yet it is far less in Bulk. In my Opinion, it most resembles the Seeds of the admirable Peruvian Tree, Decoctions of which, are used by the Eastern Nations, the Egyptians, Turks, and Persians, for corroborating a cold Stomach, affisting Concoction, and removing Obstructions of the Viscera. They also, with Success, use this Decoction for many Days against old Obstructions, and cold Tumors of the Liver and Spleen. This Decoction, according to Alpinus, seems also appropriated to the Uterus, which it warms, and frees from Obstructions: Thus, the Egyptian and Arabian Women, for the due Evacuation.
Evacuation of their Menses, use this Decoction for several Days after they commence. Hence, according to Olearius, the Persians are not afraid, left the Decoction of Cavve render them cold; unless we should also say, that Agnus Castrus, which induces Sterility, is also of a cold Temperature: But this Doubt will be cleared by-and-by. It were to be wished, that the celebrated Johannes Weslingius, who also travelled into Egypt, had had an Opportunity of seeing this Tree; since he would have given us a more accurate Description of it, than we have hitherto got; for, in Comment. in Prosper. Alpin. he tells us, that the Fruit of this Tree is brought from Jamin, or Arabia Felix into Egypt; and, that a Decoction of it is sold in some Thousands of Taverns at Memphis. Prosper. Alpinus also, in Lib. de Medicina Egytor. Lib. 4. Cap. 3. when treating of the Decoctions used by the Egyptians, whether sick, or in Health, tells us, that, in a particular Manner, they make use of the Decoction called Choava, prepared with the Coats or Husk of the Seeds called Bon. Then he describes the Preparation of Bon, by telling us, that it smells like Corn, Rye, Barley, or Pease, when thrown upon live Coals, and burned a little. Alpinus, however, endeavours to evince, that the Seeds of Bon confir...
consist of two Substances, the one thick and earthy, by which they brace up and corroborate, and the other thin and subtile, by which they heat, absterge, and remove Obstructions. That they are highly drying is certain, but I cannot for this Reason comprehend why Prosper Alpinus asserts, that Cold prevails moderately in them; for they act by their whole Substance, both by their Salt and both Kinds of Sulphur: So that it is highly probable they produce these Effects, on account of their ungrateful Taste and Smell. But it is said these Seeds are corrected with Sugar. Thus Weslingius informs us, "that some correct the Bitterness of this Decoction with Sugar, and preserve the whole Kernel of the Fruit incrustated with Sugar. Nor is this only customary in Egypt, but also through all the Provinces of Persia. This renders the Seeds Bon not only dear, but scarce, in Europe." Though Weslingius thinks that these Seeds are useful to the Europeans, yet I am of a different Opinion; for, in like Manner, the Europeans have resolved to sweeten, not only their Coffee, but also their Chocolate and Tea, without having any View to prevent Disorders, or recover Health; but only to follow the Customs of the Asiatics, and indulge
indulge themselves in a Liquor, whose Taste is pleasant to them.

If it should be said, that Tulpius informs us, that the Chinese dissolve a few Grains of Salt, or Sugar, in their Infusions of Tea, I answer, we here enquire not what is done, but what ought to be done; not what is palatable, but what is conducive to preserve Health, and restore it when lost. Though I do not altogether disapprove of Salt in Tea, yet I absolutely condemn Sugar. How ill the Europeans, especially those of the Northern Countries, consult their Health, by mixing their Mustard, and their Sauces of Vinegar, and Horse-Radish, designed as a Preservative against the Scurvy, with Sugar, I have already shewn, in Class. 3. Quadrupartit. Botan. For the same Reason, Sugar, mixed with an Infusion of Tea, infringes and impairs its Virtues; so that, by this means, we drink, not a medicated Water, but little more only than simple European Water, edulcorated with Sugar. This, no doubt, is an excellent Remedy against Intoxication; but certainly if we read both antient and modern Authors, we shall find, that Drunkenness may be removed by drinking cold Water. Besides, an Intoxication, next to Madness, may be greatly alleviated by wrapping up the Scrotum in Cloths dipped in cold Water.
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Water. Hence we have but little Reason to bring Tea from China, Tartary, and Japan, at an extravagant Price, which might be far better laid out, in relieving poor indigent Families at Home. But the present Europeans are vastly different from what they were before the Asiatic Effeminacy was known among us. The Europeans might, perhaps, be indulged in the perpetual Use of Tea, provided their Regimen was the same with that of the Asiatics. Now, Regimen includes all the five Non-Naturals, which are Air, Meat and Drink, Excretion and Retention, Motion and Rest, Sleep and Watching, and the Passions of the Mind. Now, all these, in Europe, are vastly different from what they are in the Indies, as is obvious from the faithful and impartial Accounts, given us by Martinius, and Mandelslo. This Subject is excellently handled by Hippocrates, in Tr. de Aere, Aquis, & Locis, who joins these three together, with great Judgment, and for very sufficient Reasons; since each of the three has Atoms, in a manner, peculiar to itself, which it continually sends forth, and diffuses even to a great Distance: So that some Bodies, according to Bartholine, may, by means of the Atoms they emit, propagate the Sphere of their sympathetic Actions, to the Distance of a Thousand Miles. About the
the Equinoxes, and Solstices, the sudden Changes of the State of the Atmosphere, and the Variety of Vapours exhaled from the Earth, produce surprizing Alterations in Health. And these Exhalations rise sometimes in such large Quantities, as to be condensed, and by their own Weight to fall down, in the Form of sulphureous Showers: A memorable Instance of this we had in Norway, where, on May 19, 1665, a violent Thunder, accompanied with uncommon Thunder, and thick Clouds, broke out: During this Storm, there fell from the Clouds, a Substance, highly similar to Sulphur, which not only floated on the Water, but also seemed to cover the Earth. When Stobæus subjected this Matter to an Examination, he found, after drying, and passing it through a Sieve, that when it was become moderately warm, on an heated Tile, it emitted a fetid Smoak of the same Colour with that of the Spirit of Nitre, in Distillation. But this Matter could not be fused by the strongest Fire; by which Means, however, it became inodorous, and like small Sand, though before it resembled a fetid, coarse Sulphur, reduced to Powder. The same Author, in his Letters also, informs me, that, when about as much of the recent Matter, as would lie on the Point of a Knife,
was laid upon a red hot Tile, it was spontaneously kindled, made a Kind of Noise, and emitted a reddish fetid Smoak. Next Day Stobæus endeavoured to sublime this crude and sulphureous Matter, by itself, without any Addition, in order to discover, whether Flowers of Sulphur could be obtained from it; but his Labour was in vain; for though the Matter became red hot by due Degrees of Fire, yet no Flowers appeared; only the first Steam, which, in the Alembic, appeared reddish, in the Water, assumed a dark ferruginous Colour: Then, by augmenting the Fire, a whitish Spirit appeared, which gave a similar Colour to the Water. This Steam and Spirit appeared in Distillation to be of an acrid Taste; so that Stobæus justly concluded them to contain a volatile Salt, of a particular Kind. The same Author informs me, in his Letter, that the Rain which fell, during the Thunder, smelled of Sulphur: And from this Observation, he thinks, the Chemists Doctrine, concerning the Generation of Thunder, may be confirmed. As every Substance does not act upon every other Substance, nor sulphureous Things on those of the same Nature, he put this Matter into Spirit of Turpentine, and digested it by a gentle Fire; by which Means, it gave the Liquor a yellowish
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a yellowish Colour, and a Smell, very like that of Balsam of Sulphur: But of these I shall not treat at greater Length, since I am persuaded that Miracles have ceased, and that Providence disposes of second Causes according to wise and stated Laws. Hence it is, that about the Vernal and Autumnal Equinoxes, or Solstices, all Sorts of Diseases, and especially those of the endemical or epidemical Kind, rage; such as the Scurvy, Measles, and Small-Pox, as also the Plague, though often these Disorders are confined to one City. A memorable Instance of this, we have in the Cities of Hambourg and Amsterdam, which, in 1663, and 1664, were afflicted with a Pestilence, which, however, did not spread itself to Denmark, Sweden, Britain, France, and Germany. But, as the Plague is imported from Africa, it is probable, that the Salubrity of the Atmosphere, in those Countries which escaped, checked the sulphureous, saline, and pestilential Atoms, which first contaminated the Air of Amsterdam, and then that of Hambourg. But all Countries differ so widely, with respect to Air, Water, and Situation, that none of them, even the most contiguous, are exactly alike, and conspire in producing the same Effects. Thus, among the German Wines, the Rhenish is the best; though it also differs in Goodness,
nefs, according to the particular Parts in which it is produced. The like holds in the French Wine, the worst of which is reckoned that of Orleans; for which Reason, Quercean, in his Diæticum, Cap. 6. tells us, "That in the Oeconomy of the "King of France's House, it is enacted, "by a domestic Law, that the Steward "shall give the King no Orleans Wines;" which, however, has a very grateful Taste. The same holds, not only in Ales, but also in other Things: Thus, the Noremberg Cakes, on account of the peculiar Qualities of the Water with which the Meal and Aromatics are made up, are far better, and more pleasant to the Taste, than those prepared in the same Manner, in any Part of Europe. This is what the Philosophers have been at so much Pains to account for. The Air, Water, and Situation, also constitute the Reason, why Tea in Europe does not produce the same Effects it does among the Asiatics, especially the Chinese. Many Persons of Rank and Distinction have informed me, that they could never be sensible of the so-much-extolled Virtues of Tea, nor perceive that it prevented Sleep, or rendered them more brisk, and fit for Business. One or two Persons, however, subject to Catarrhs, have confessed to me, that they have become far
far better by the long Use of Tea. Thus, I have heard, that a certain Ambassador to the Dutch, who before laboured under a Difficulty of Hearing, had his Disorder totally removed, by the large Quantities of Tea he drank at the Hague. I, myself, have found Tea to be diuretic. I own, two or three Persons who have travelled, not only through Europe, but also through the East Indies, have affirmed to me, that in Japan, the drinking of Tea infallibly removes Intoxication, and prevents Sleep; but this Effect is not at all produced by it in Europe. Thus, I have been informed, that Strangers, upon their Arrival in Muscovy, can drink such large Quantities of Brandy, as would put an End to their Lives in other Countries. Thus, it may happen, that the Chinese, or Japanese Tea, with the Assistance and Conccrrence of other Things, may produce a particular Effect, which Tea will not do in Europe. But all these Effects are produced by Betony, an Herb universally known in Europe: Thus, it is certain, that our Chamælaegmns is the Tea of the Chinese, or Japanese. But to illustrate my Subject the better, I shall make a few Remarks on the peculiar Genius, Regimen, and Method of living used among the Indians and Chinese. The Indians then are fond of moistening Aliments, which
which guard against the Heat of the Sun; such as Cherries, Fruits of all Kinds, Pot-Herbs, Fishes, Oysters, Crabs: Besides, Michael Boym, a learned Jesuit, in his Flora Senensis, mentions various Fruits which are not produced in Europe; whereas Nature has furnished the Chinese with others, either like to, or exactly the same with, those of the Europeans. The former of these, and the other similar Delicacies of the East Indies, do, in all Probability, give rise to new Diseases in Europe. This Jesuit speaks of China in the following Manner: "The Kingdom of China is, as it were, a Compound of the whole Globe, or rather, a Gem, in which more Riches are to be found than in all the rest of the World besides. In the Southerly Parts of the Country, the Heats are most intense, and produce large Quantities of all the Indian Fruits, such as Dates, Mangas, Ananas, and others: Whereas the Northern Parts produce Figs, Chestnuts, Nuts of all Kinds, Peaches, Apricots, and Pears of various Kinds." Thus provident Nature has furnished the Southermost Parts of China with Fruits entirely unknown to the Europeans; whereas, the Northern Parts produce such as are known in Europe, and suited to its Soil and Climate: Since, in the former, the Heats are
are very intense, but not so in the latter. Thus Nature seems to have prohibited us the Use of the former of these Fruits, by placing us at such a Distance from them, and to have indulged us in the Use of the latter, by placing us so near them; for the Precept, of sometimes using Things to which we are not habituated, does not hold in this Case: Since, being Europeans, we ought to use the Regimen, Aliments, and Drinks, peculiar to Europe; for it is no less generally than justly observed, that the natural Produce of any Country is best suited to the Constitution of its Inhabitants. Thus Tea seems by Nature adapted to the Inhabitants of China, Coffee to those of Persia, Chocolate to those of America, and Ale and Wine to those of the different Parts of Europe. Thus the antient Inhabitants of Saxony and Megapolis, before they became fond of foreign Delicacies, used to say proverbially, Drink Wine, and reap Benefit from it; drink Ale, and become fat; drink Water, and die. It is also certain, that in former Times, the Inhabitants of Iceland and Norway, when they used a simple Regimen, and were Strangers to foreign Luxury, enjoyed good Health to an incredible Age; whereas, their Posterity are not only weaker, but hardly live beyond the thirtieth, fortieth, or fiftieth Year of their Age: So that
that the Lyric Poet seems to have made a just Prophecy of our own Generation, in the following Lines:

Damnosa quid non imminuit dies?
Ætas Parentum pejor avis; tuit.
Nos nequiores, mox daturos
Progeniem Vitiösem.

Europeans then must have their Constitutions impaired, and their Strength exhausted, by living like the Inhabitants of Asia, Africa, and America; especially since Macrobius, in Lib. 7, Saturnal. Cap. 4. shews, that the most simple Aliments are the most salutary, and easily digested. Besides, Socrates ordered his Pupils to abstain from such Meats and Drinks as created an Appetite after Hunger and Thirst were satisfied. But, according to the Chinese, Tea produces an Appetite after Hunger and Thirst are satisfied; therefore the drinking of it is to be abstained from. The same holds true with respect to Chocolate, and Coffee. But I return to the Chinese, who are accustomed to Water-drinking, and a frugal Life. Hence, their Physicians, whom Martinius, in the Preface of his Atlas Sinicus, seems to prefer to those of Europe, no doubt, enjoin them the Use of Tea, in order to prevent
the Generation of excrementitious Humours; or, when generated, to carry them off by Stool, or Urine; for, it is certain, from what has hitherto been said, that Tea is moderately heating, bitter, drying, and astringent. If it should, for these Reasons, be said, that Tea is justly to be commended for a Weakness of the Stomach, I answer with Celsus, in Lib. 1. Cap. 8. "Our Countrymen ought " not to be believed, who, when indisposed, covet Wine, or Water, and instead of charging their own Luxury, lay the " the Fault on the Stomach, which has no " Share in it." This Passage is equally applicable to Tea, Coffee, and Chocolate, and seems to insinuate, that such Persons, in order to satiate their Thirst, falsely accuse their Stomachs. If this were more carefully adverted to by the Patrons of the Chinese Delicacies, and especially those who look upon Tea as a Panacea, they would use it more sparingly, especially in a bad State of Health; because Celsus, in Chap. 3. of the same Book, tells us, "That Changes ought to be gradually and slowly made; since that to " which the Patient is not accustomed, " proves, hurtful, whether it be soft, or " hard".

But the Chinese Method of using Tea,
is not agreeable to the Custom of the Europeans, and therefore hurtful to them.

Hence the Germans, Saxons, and Inhabitants of other Nations, in the Baltic Sea, being neither accustomed to much Wine, nor to dilute it with Water, are generally seized with malignant Fevers, when they go into France, or Italy; because every fixed Substance fixes such as is volatile; whereas, such as is volatile, resolves that which is fixed. Hence the thick and fæculent Blood of the Germans, consisting of saline, sulphureous, fixed, and volatile Parts, and being changed by the Regimen of France, and the Heat of the Sun, is subtilized by the Tartar and Sulphur of the French Wine, especially in such Germans as took great Care of their Health, when in their own Country; and in those who enjoyed good Health, their Blood is not only subtilized, but also ferments, undergoes an Ebullition, and is despumated. Hence arise Spots of different Colours, produced by the Blood variously corrupted. But these I have considered more fully in my Digressio de Febribus Malignis. This Doctrine is warmly inculcated by Hippocrates, who, in Lib. de Fract. Senectut. §. 6. tells us, "That the Age and Constitution of one Person, differ widely from those of
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"of another." But this Assertion, how true soever, is but little adverted to by most of the Europeans. But I think it incumbent upon me, for the Reasons now alleged, to warn them against the Abuse of Tea; especially since we find, that this Herb does, by no means, answer the Encomiums bestowed upon it by the Chinese and Japones. I own Tea is of a more drying Quality than many European Herbs; but, for this very Reason, the constant Use of it is so far from procuring Longevity, especially in Persons of a middling Age, that it rather accelerates old Age; which, according to Macrobius, in Lib. 7. Saturn. Cap. 11. is, "an Exhaustion and Diffipation of the "vital Liquor, by Length of Time; for "old Age is dry, for Want of natural Moi- "ture, and sometimes moist through a "Redundance of peccant Humours, pro- "duced by Coldness of Constitution." Since then Tea, by Means of the Sulphur it contains, is of a more heating and drying Nature than Ginger, Cinnamon, Pepper, Cu- bebs, Cardamomis, or Arabian Caßus; hence, it necessarily follows, that it is injurious to old Persons, and such as are of a dry Con- stitution, and loose Texture of the solid Parts. On account of this dry Constitu- tion, and natural Marasmus of old People, which
which no Art can prevent, they become thirsty, and more addicted to tippling, than in their younger Years: Hence arises the German Proverb, If a young Man knew the Pleasure of drinking in old Age, he would be saving in his younger Years.

It is not, therefore, the native Heat, but that fatal Dryness which renders the Members cold, and the Skin corrugated, which renders old Persons fond of drinking; and for this Reason, I have, in my Commentaries, universally commended a moistening Diet for them. Hence, the Inhabitants of those Nations, who, besides Tea, daily drink Wine, ought carefully to guard against all sudden Changes in Diet and Regimen. Thus, when a certain celebrated French Physician, endeavoured to persuade a Person of eminent Rank, who was, generally, twice or thrice a Year seized with a Catarrh, to change his Regimen, and give over the Use of Wine, or, at least, dilute it with Water; because, in all Probability, the Physician told him, that cold Water powerfully corrected acrid Humours. Upon this, the Person of Distinction asked the Physician, whether he was in good Health? To whom the Physician replied he was: Then, says he, continue to
to drink Water, or Wine and Water, till you can drink no more; but you shall never, on account of slight Catarrhs, which are rarely offensive to me, perswade me to accept of a French, or Italian Regimen, instead of a Danish, and German: Nor will I drink Water instead of Wine, or Ale. I am at present full of Flesh and Blood, and enjoy a good Appetite: My Forefathers, for many Years back, were of the like Constitution, and used the same Regimen I do; but if, in the sixtieth Year of my Age, I should begin to drink Water, I am afraid I should rather resemble you than them; for you, who are a Water-drinker, though you enjoy good Health, yet you are emaciated, have a cadaverous Countenance, and seem to be rather a Skeleton than a living Person. I wish all Persons, especially such as are old, would follow the Example of this Gentleman, and obstinately reject Tea, which so dries the Bodies of the Chinese, that they can hardly spit. It is also an egregious Mistake, not only among the Persians, but also among most other Nations, to think that the Seed Bon, or Ban, which when toasted is called Coffee, and which I have taken Care to have engraved in the Plate after the History of Scurvy-Grass, No. 11, 12. of my Quadripartitium, is of so cool-
cooling a Quality, as to produce Impotence; even in those who use it frequently; for it only dries them. Thus Casmin, the Wife of Sultan Mahmud, after her Husband had so weakened himself by the Use of Coffee, that he had been impotent for many Years, is said, when she saw the Preparations making, for gelding a generous Persian Steed, to have told the Persons employed in that Work, that there was no Occasion for so much Trouble, since, by giving the Horse Coffee, he would become like her Husband, the King. This Story is, with the same Circumstances, related by Olearius, in his Travels through Muscovy and Persia. Coffee, then produces Sterility in the Persians, not because it is cold, but because it gradually dries their Bodies, by means of a certain Sulphur, as peculiar to itself, as those of Opium, Tobacco, or Agnus Castus are to them. As the Agnus Castus, or Vitex is, by Galen, said to be dry in the third Degree, like Rue, and to consist of very subtile Parts, it is impossible it should produce Impotence by rendering the Seed cold, which it diminishes and dissipates, not so much by the Subtilty of its Parts, as by its peculiar Sulphur. The incomparable Hoffman, both in his Variae Lectiones, and in his Treatise de Medicamentis Officinalibus, has treated accurately
rately of the *Vitex*. But, if that Author had been still alive, he would have agreed with me in this, that what *Galen* ascribes to the Subtilty of the Parts, not only of all Simples, but also of such Things as act by their whole Substance, such as *Opium*, *Tobacco*, *Agnus Caflus*, *Chinese Tea*, *European Tea*, or the *Myrtus Brabantica*, or the *Chameleon* *Agnus Danica*, is to be ascribed to their small sulphureous, and excessively dry Parts. Thus the Seeds of the *Agnus Caflus* affect the Head, and from what has been said, it is sufficiently obvious, that the Seeds of the *Chameleon* contribute principally to intoxicate the Country People, who prepare their Ale with it: The Seeds of the *Agnus Caflus*, according to *Hoffman*, "do not convey Flatulences to the Head, except when they affect it by the Subtilty of their Parts (which I call their sulphureous Quality) just as Wine, whose Taste and Smell they have, according to *Pliny*, affects the Head, and procures Sleep." All these Properties of Wine, as well as of our *Chameleon* proceed from their Sulphur, which is grateful to the Nerves: But these Effects could never be produced, only by *Galen's* Subtilty of the Parts. But to proceed, in the Words of *Hoffman*: "Another Proof of the Subtilty of the Parts of *Agnus Caflus*, (which..."
"I call its sulphureous Quality) is, that "its Seeds, whether crude, or toasted; "discuss Flatulencies of the Intestines, and "most powerfully when toasted; since these "do not so much affect the Head as the "former." Thus, it also happens, that an Account of the artificial and careful Toast- ing of the Chinese Tea, by which most of its sulphureous Parts are dissipated, it pre- vents Sleep in the Chinese: Whereas, the European Tea, or Chamelæagnus, renders the Country People, as it were, intoxicated, and disposed to Sleep. But these different Ef- fects are not owing to any occult Qualities of the Chinese and European Teas, but ma- nifestly to the sulphureous Parts, of which the Chinese has a far smaller Quantity than our Chamelæagnus. Thus, it is certain, that prepared Vipers may be safely eaten, and that Dioscorides roasted Vipers for Food; so vast a Difference there is between arti- ficial Preparations, and natural Productions. But to proceed: Hoffman, with respect to toasting the Seeds of the Agnus Castus, tells us, "That in toasting, the remarkably sub- "tile Parts are dissipated." These remark- ably subtile Parts, I call sulphureous, which the Persians also dissipate, by an artificial toasting, from the Seeds Bon, or Ban, con- veyed to them from Egypt. Thus, the ce- lebrated
lebrated Hoffman, only differs from me in Words, but not in Sentiments. The same also holds true of Chocolate. I, therefore, conclude, that all these Substances are of a drying Quality, on account of their sulphurous Parts. I would, therefore, advise all Europeans to have a due Regard to these Things, to preserve Youth by moistening Substances, and prevent old Age, which is brought on before its due Time, by Means of these drying and sulphurous Commodities; though, at the same time, I do not prohibit the Use of moderately hot Substances. Let no one condemn me for making Repetitions; since it is a Maxim, not only of Policy, but also of common Humanity, That the Safety of the People, is, of all other Laws, the most essential and important. If, therefore, an immense Reward was bestowed on the Man who preserved a single Roman Citizen, I may, certainly, hope for Indulgence, when, by repeated Expostulations, I attempt to preserve all Europe, by persuading its Inhabitants not to exchange our own salutary Regimen, for that of the Asiatics, and Chinese, by following their Custom of Tea-Drinking. Martinus Martinius, indeed, in his Preface to his Atlas Siniticus, greatly extols the Chinese Regimen, in the following Manner: "Their Drinks,
Drinks, says he, whether prepared with Water, Wine, or Rice, must always be warm; they macerate their Tea in particular in boiling Water, which they drink as hot as they can bear. When I was accustomed to this Regimen, I recommended the Chinese, and condemned the Europeans, who are so fond of drinking cold Liquors; for, in China, the Inhabitants, by drinking their Liquors warm, both extinguish Thirst, and so dissipate the redundant Humours, that they hardly ever spit; nor are they afflicted with Crudities of the Stomach, as the Europeans are: They have also fewer, and less violent Diseases; neither are the Stone, the Gout in the Hands and Feet, and other similar Disorders, known among them.

But these Things happened to Martinius, in China, and not in Europe. Nor shall he ever persuade me, to change the European, for the Indian Regimen. Since, according to Martinius himself, some of the Inhabitants of that Country, on account of the Pythagorean Doctrine, of the Transmigration of Souls, religiously abstain from Flesh, and think,

--- Scelus est in Viscere Viscera Condi, Congestio, Avidum pinguescere Corpore Corpus, Alterusq;
Martinius, therefore, makes an insufficient Enumeration of Causes; since the good Health of the Chinese, is not totally owing to the Use of Tea, but to various other Circumstances, which we shall not here enumerate: Only I shall, from the Amphiatridius of Johannes Boterius, published in 1600, observe, "That in the various Districts of China, the Clemency and Salubrity of the Air is so great, that a Pestilence has never been remembered to rage universally in them." For the Sake also of those who want the sixth Part of the Theatrum Europaeum Johannis Bleau, or the Novus Atlas Martinii, I shall, from the Preface of the last-mentioned Author, take the following Passage: "In Practice, the Chinese Physicians surpass those of Europe, who are more addicted to Dispute and Speculation, but less successful and happy in the Cure of Diseases, than the former." But, if a Chinese Physician was to practise on the Baltic Shore, where endemic Scurvys rage, it is hardly credible, that he would cure them with greater Success, than a skilful European Physician does.
since, according to Hippocrates, there are many nominal, but few real Physicians. The same Author, in his Prisca Medicina, informs us, "That most Physicians resemble bad Pilots, who, if they steer the "Vessel in a smooth and calm Sea, can "prevent the Detection of their Ignorance; "but, when they are attacked by blowing "Winds, and violent Tempests, it becomes "sufficiently obvious, that the Ship must "be lost through their Fault, and Want of "Skill." But to drop the Defence of the European Physicians, I shall return to the Asiatics. Martinius then, in the Passage last quoted, tells us, "That the Chinese "Physicians generally prepare their Medicines of Simples and Decoctions; that "they use Unctions, and Frictions, but not "Venections, which they look upon as an "irreparable Error. They rather choose to "reduce the Blood to a due Temperature, "by Fasting, and refrigerating Medicines; "for, say they, because Broth boils in a "Pot, the Broth is not, therefore, to be "poured out, but the Fire to be removed "from the Pot." But this Comparison is certainly far from being just: And, a little after, the Author subjoins, "In China are great "Numbers of Chymists, who confidently "boast of producing Gold, and prevent-
The Design of these Men is like that of their Brethren in Europe, to extort Money from the credulous and avaritious Part of their Fellow Creatures."

I now return, to consider the Air, Water, and Situation of the Chinese. Martinius, then, in the Place before quoted, tells us, that China, or the most remote Parts of Asia, abounds with all Kinds of metallic Mines, such as those of Gold, Silver, Mercury, Iron, Tin, Copper, Minium, Lapis Lazuli, and Vitriol; in consequence of which, it is probable, that the Chinese Waters, flowing from the Mountains, as well as those of Europe, partake of the Qualities of the various Minerals through which they glide. Thus, according to Georgius Agricola, in Lib. 10. de Natur. Fossil. Cap. 18. at Goslar, in Saxony, there is a Kind of Bole, or Earth, impregnated with the Juice of Vitriol, as also with Oker. The same Agricola, in Lib. 1. De Natura eorum quae ex Terra effluunt. Cap. 4. informs us, that the River Ochra, receives its Name from Oker, with which it is tinged, of a yellow Colour, at the Place where a Rivulet coming from Mount Ramelus, disembogues itself into it. Hence, it is easy to assign a Reason,
Reason, why the Goslar Ale is so diuretic: The Garlabian Ale also, so much used at Helmstadt, is of a medicinal Nature: Hence, according to the celebrated Hoffman, in Paral. Officin. Cap. ult. "It both cures and produces Diseases in such as are not accustomed to it; for it is prepared of some hot, mineral Water, as is obvious from its peculiar Taste. On the contrary, the Turgensian Ale is highly agreeable; because the Water of which it is prepared has some mineral Quality, which is easily lost by Carriage; which also happens to other Waters. Hence, Augustus, Elector of Leipsic, in preparing his Ale, instead of Malt, ordered only a Drag to be boiled.' I would not, however, have any one confide too much, either in hot or cold Mineral Waters. But among Mineral Waters, I also reckon that described by Martinius, in his Account of the ninth Province of China, called Kiangnar, and the fifth Town, called Chang-chew, in the following Manner: "Near Kiangin is a Mount, called Mount Chin, celebrated on account of a fabulous Chinese Story; for they assert, that a Woman was there born of a Deer. The Rivulet Leang, from a small Hill, called Hoej, flows into a Lake, near Vive: Its Origin is a Fountain called Hoej.
"Hoej, whose Waters are, by the Natives, accounted to be the second in Goodness; and I myself am convinced from Experience, that the Chinese are in the right, with respect to these Waters; for they are universally admired by the Grandees; and hardly any Ship passes, without purchasing, for a Trifle, large Quantities of this Water, previously put up in Casks; though Strangers, who stay for any Time there, may, for nothing, drink as much as they please. It is conveyed to the most remote Provinces, even as far as Peking; for it is excellently well suited to the Preparation of Tea: So that these two Commodities are generally sold together." But surely this Chinese Water is to be had in no Part of Europe. The same Author, in his Description of the fifteenth Province, called Funnam, and its Metropolis, tells us, "That in Mount Xang, situated to the North of the Town, there is a Spring of intensely cold Water, which, however, is highly beneficial to paralitic Persons." He also tells us, that in the same Province, there is a Spring called Hiangkui, which, in their Language, signifies odoriferous Water, "Because it diffuses a fragrant Scent, especially in the Spring, at which Time, the Inhabitants offer Sacrifices"
"fices to the Fountain, and drink Water, mixed with Wine, or with a Liquor prepared of Rice. They also assert, that this Liquor cures many Diseases." That these Waters are impregnated with Metallic Particles, I have two Reasons to believe: First, Because Martinius informs us, that the Rivulet near the City Vufie, flows from a Fountain on a little Hill, called Hoej: The second is, that the Waters of this Lake are conveyed to the remotest Provinces, even to the Royal City, Peking, where they are used by the Grandees in preparing their Tea. But the best Waters, when taken from the Spring, cannot be long preserved from Corruption, unless they abound with a peculiar Salt: Since the cold Mineral Waters of the Spaw, lose much of their Virtue by being conveyed only into the Provinces adjacent to Germany. Thus, it is sufficiently known to all the Europeans, that the May Rains abound with Salt and Sulphur; in consequence of which, they keep longer free from Corruption than other Waters. For this Reason, it is customary among the Papists, to prepare their Holy Water of May Rain: See my Digressio de Febribus Malignis. But, left these Reasons should be esteemed conjectural, I shall farther prove, and confirm my Opinion from Martinius, who,
who, in the Place before quoted, speaks in the following Manner: "It is not with-" out Reafon, that the City Gniibing re- ceives that Name, which, in their Lan- guage, signifies the Glory of the Earth; "and which was bestowed upon it, be- cause in it are made the earthen Veffels, "used in diluting, and drinking their Tea. "The Reafon why these are preferred to "the Chinese, though more transparent, "and diaphanous, is, because the former "convey to the Tea, a certain Taste and "Smell, much admired by the Chinese; "so that the Inhabitants of that City are "much employed in making them; and "some of them are sold at a Price equal, "if not superior, to those of Portugal." Since, therefore, these Vessels communicate to the Tea, both a Smell and Taste, which are grateful to the Chinese; since the Cause of Taste is a volatile Salt, and that of Smell a certain Sulphur; since this Salt and Sulphur can hardly be separated by Chymis- try; and since it is peculiar to Salt to penetrate into the Essence of Things; it must necessarily happen, that the Water, taken from the Lake, or River last men- tioned, and which is without any Smell, (for, if it had been odorous, Martinius would have mentioned that Circumftance,
as he did of the third Fountain) must gradually extract the Taste and Smell from those precious Vessels, resembling Lennian or Silesian Earth. But this Water of the Rivulet Leang, or of the Fountain Heoj, would either not at all, or with Difficulty, extract the Taste and Smell from these earthen Vessels, unless it abounded with an highly penetrating Salt, or, perhaps, a Vitriol; since Martinius tells us, that Vitriol Mines are found in China, for no Substance can communicate to another, a Quality which it does possess itself. Tea has indeed a Taste, though not of the grateful Kind, as is obvious from what has been said. The Taste and Smell, therefore, which the Chinese perceive in drinking Tea, do not proceed from the Tea itself, but from the Water, or earthen Vessels they use, or from both; from the Water, which by its Mineral Salt, extracts from the Vessels their Salt and Sulphur; and from the Vessels, which in return communicate these to the Water. For this peculiar Quality of the Earth, the City is called Gnihing, which, according to Martinius, signifies the Glory of the Earth. It is, by no means, surprizing to find various fragrant Mineral Earths: Thus, in the Dutchy of Kalenberg, in Germany, there is dug up a certain bituminous Mineral, which is a Kind of
of intermediate Substance, between Earth, Clay, and Stone; and which, if it is either licked with the Tongue, or has cold Water, and especially Rain-Water, poured upon it, diffuses a Smell as fragrant as that of the Violet: The Truth of this, I know from Experience. But these precious Vessels are so rare in Europe, that the smallest of them are not to be purchased under an immense Sum. When, however, I understood, that Frederic the third, King of Norway and Denmark, had, among other Chinese Curiosities, two of these elegant and sumptuous Vessels; I obtained the Use of them from him, and prevailed upon Julius Reichelt, Professor of Mathematics at Strasburg, and a skilful Designer, to delineate them. This Gentleman has, with the greatest Accuracy, not only exhibited in the following Plates, these, and other Chinese Utensils, but also informed himself of their real Bulk, with all the Care and Pains he possibly could: But we shall give an Account of his Performance in his own Words:

"At the Request of the learned and judicious Simon Pauli, I have delineated some of the Chinese Utensils, and hope for Indulgence, because these Vessels are neither exhibited according to the Laws of Paint,
Painting, nor Perspective; but in a Manner, used by Mechanics, since I thought it expedient, both for the Sake of the Subject, and the Satisfaction of the curious Reader, to have a due Regard to Capacity, and Measure. I have exhibited the Orthography of the Vessel represented by Fig. IX. the Scenography of Fig. III. of which the Orthography is represented by Fig. IV. In Fig. VIII. the Scenography of the Vessel M, and the Orthography of its Cover N, are represented; but I have only described the Scenographies of all the rest. I have used the Rhinlandian Geometrical Foot, to the Measure of which all the Parts of these Vessels are adjusted, in that Proportion, observable in Fig. XIV. which represents a smaller Foot, divided into ten Parts. Fig. XIII. exhibits a wooden Instrument, exactly of the same Size with the Figure. In all the Figures I have represented the Length and Breadth by Diagrams and Diagonals; but the Height or Depth, by pricked Perpendiculars. I hope the Mathematical Reader will find no Fault with the quadrangular Passage B in Fig. 1. for conveying the Air, in order to ventilate the Coals; nor with "Fig. 
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"Fig. IX. the two Feet of which, shade "
other two similar to themselves.

An Explanation of the Figures, representing some Chinese Utensils.

Fig. I. Represents a Kind of Kettle, curiously made of Chinese Copper, furnished with a Handle, divided by a Copper Partition; and which, though at first View, it appears to be one Vessel, is yet, upon narrower Inspection, found to be two, with two Coverings; for A represents a small Furnace, into which the Coals are put; and B, the Mouth of the Furnace, covered with Cross-Bars, for the better Ventilation of the Coals. The other Vessel has its internal Surface lined, or covered with Tin, serves either for drying, or boiling the Tea, and is furnished with a particular small Tube, the Cover of which is exhibited by a; by the Benefit of which, the large Coverings, C D, being shut up, the Vapours of the Tea may be retained, or allowed to exhale at Pleasure.

Fig. II. E represents a Copper Vessel, in which the Tea is either boiled, or preserved, when dry. E represents its Tube, and F the covering of the Tube.
Fig. III. and IV. G G exhibit different Views of one and the same Vessel, the internal Surface of which is lined with a thin gilded Plate, of some proper Metal, and the external Surface, covered with Lack, after the Manner of the Chinese.

Fig. V. I I. No. 1. represents a genuine Chinese Tea-Leaf macerated, and stretched to its full Extent. No. 2. A Leaf of the Chameleagnus, or what the French call Piment Royal, artificially dried.

Fig. VI. K represents another, and, in my Opinion, a spurious Chinese Tea-Leaf, brought from China.

Fig. VII. L exhibits a Leaf of what Clusius calls the Spiræa Theophrasti, found in the Green-Houses of Copenhagen, and so like the spurious Chinese Tea, with which the genuine is adulterated, that the one cannot be distinguished from the other.

Fig. VIII. M represents a curious Polygonal Tea-Pot, probably made of sealed Lemnian, or Silesian Earth. N its Lid joined by the golden Chain O, to its Handle P. and Q. Its Stroup curiously tipped with Gold.

Fig.
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Fig. IX. R represents another earthen Tea-Pot, with a Stroup, but of a roundish, or oblong Form, and in the Lid of which, is fixed a Ring of Clay S for taking it off and putting it on: Both these earthen Tea-Pots are highly fragrant; the former is of a light, and the latter of a pale red Colour.

Fig. X. T exhibits a Copper Vessel lined with Tin, capable of containing four Ounces; and whose inferior Part about the Letter V is covered with a Kind of Case, woven of such Wood as the Europeans use in making Sieves; but so as that the Vessel can be taken out of the Case. But I am of Opinion, that the Chinese pour their hot Tea, whether infused, or boiled, into this, in order to prevent the scalding of their Hands; and so cool the Liquor, as that it may neither burn their Lips, nor Tongue.

Fig. XI. X represents this wooden Case, or Handle, by itself.

Fig. XII. Y exhibits a small wooden Ladle, with a semicircular wooden Handle.

Fig. XIII. Z represents a small, and somewhat incurvated wooden Spatula.
Fig. XIV. represents a small geometrical Foot, divided into ten equal Parts, for ascertaining the just Proportion of the Utensils described.

It is to be observed, that these Vessels are of a grateful fragrant Smell, resembling those of the juniper, Cypress, or Aloes Tree, which is certainly owing to the bituminous Earth of which they are formed. Thus we have before observed, that the Kalenburchian bituminous Earth is as fragrant as Violets; and that, according to Martinius, it is on account of the Fragrance of these Vessels, that the Chinese are so fond of them, and purchase them at such immense Prices. We have also taken Notice from Tulpius, and Maffneus, that these Pots, Vessels, and other Pieces of Tea Equipment, are, by the Chinese, bought at the Rate of some Thousand Nobles, wrapped up in silken Coverings, shewn only to their nearest Friends, and as much valued by them as Adamants, Gems, and curious Medals are by the Europeans. Let the Europeans, therefore, before they drink Tea, which itself is void of Smell, provide themselves with the fragrant Vessels of Gnibing, and the Waters of the Rivulet Vuffie, which they must bring uncorrupted from China; and
and then, on Supposition the Air was the same, which it is not, the same Effects might be produced in Europe by Tea, as those which it is boasted to produce in China. It is therefore far more congruous to Truth and Reason, to suppose, that the Chinese are free from the Stone, Gout, and arthritic Pains, rather by the Goodness of their Water, than by their Tea alone, which may also contribute something to their Happiness in these Respects. Besides, the Force and Virtue of Tea, must be considerably impaired and lost, by the intense Heat of the Sun, during so long a Voyage, in which the Equator must be twice crossed, before the Ships arrive at any European Ports. Hence we know from Experience, that those Persons most consult the Interest of the Europeans, who, according to Mercator, in his Description of China, advise, that Rhubarb, with the best Sort of which, China abounds, should be brought through Persia by Land, lest it should be spoiled and corrupted by so long a Voyage. What must therefore happen to Tea, or the Chinese Chamelaagnus, which is in China frequently toasted in an Iron Pan, so as to corrugate and conglomerate its Leaves, according to Rhodius and Martinius? For, if the Virtues of Rhubarb, which is a compact Substance, are, by such a Voyage,
age, exhaled, this Misfortune must much more happen to the tender Leaves of Tea, which are gathered in the Spring, and have a bitterish Taste, but no Smell. Hence we may infer, that these Leaves are, after their Arrival at Europe, possessed of a volatile and fixed Salt, but deprived of their Sulphur, especially the most volatile Part of it; for, if they were entirely destitute of Sulphur, they would not take Flame, nor could they be burned. The Author of a Book, intitled, Artificia Hominum Miranda Naturee in Sina & Europa, in Chap. 35. tells us, "that in Chekiang, in China, there are Woods of Mulberry-Trees, so many Silk-Worms, and such immense Quantities of Silk, that a Person may there purchase ten silken Suits of Cloaths at an easier Rate, than he can have one of Cloth in any Part of Europe. The Chinese prune their Mulberry-Trees every Year, as the Europeans do their Vines; nor do they suffer them to grow up into tall Trees, because they have found from long Experience, that the Leaves of the smallest Trees produce the finest Substance for Silk, and the best Thread: For which Reason, they justly distinguish between the first and second Weaving of the Thread: The former is produced when the Worms are nourished by the Leaves
"Leaves which appear in the Spring, and are soft and delicate: The latter is, when they are fed upon the Summer Leaves, which are coarse and hard; so great is the Difference of Work produced by these Animals only by a Change of Food."

If this Account of the Nourishment of Silk-Worms is true, as we Europeans find it by Experience, so it is equally certain, that there is as great a Difference between those Leaves of the Chinese Tea, or European Chameleagnus, which appear in the Spring, and those which are produced in the Summer, as I have all along insinuated in this Work. By this remarkable Passage of the anonymous Author, I am more and more convinced, that the vernal Leaves of the Chameleagnus, or European Tea, are possessed of different Virtues from those which appear in the Summer, when the Sun has entered Leo: And those who will not grant this Truth, are confuted by the palpable Instance drawn from the Nourishment of the Silk-Worms.

By way of Digression, I shall intreat every Lover of Truth, to throw the Leaves, (not the Shrub, Flowers, or Seeds) of the European Chameleagnus, which, when dry, have no Scent upon live Coals; and do the same with an equal Quantity of Chinese Tea, tho' in
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in different Rooms, and by the exact Resemblance of the Smell diffused by each, he will be convinced that the Chameleagnus is a Plant of the same Species with Tea.

I am not acquainted with all the Acts, Statutes, and Laws, of the different Cities of Europe, made for suppressing and preventing the Avarice and Exorbitance of Apothecaries; only in Upper and Lower Germany, a certain Fine is, by public Authority, laid upon the Apothecary who sells old and mouldy Herbs, or uses any Methods to make them appear good and fresh: Nay, it is customary, in some Provinces of Germany, publickly to burn such Herbs, Roots, Shrubs, or Plants as are bad, or suspected to be more than one Year old; lest the poorer Inhabitants should, like the Widow mentioned in Luke, Chap. viii. 43, spend all their Money upon Physicians, without being healed by any: But the Case is quite otherwise with Tea; for supposing it to be only one Year old, when it is put into the Ships at China, it must be double that Time, and often more, before it arrives to us. How great then is the Stupidity of us Europeans, who are never disgusted at the Avarice and Baseness of the Asiatics, though they should send us Tea as old as
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the Trojan War, whilst they use it fresh and good themselves? Besides, as the Tea-Leaves have no Smell, it is highly probable, that the Asiatics have infused and macerated them, and then dried them a second Time for the Use of the Europeans; since, when chewed in the Mouth, they are resolved into a Kind of gross Powder. I am also of the Opinion of the celebrated Wormius, who thought it highly probable, that Tea-Leaves were either mixed with others, or had others entirely substituted in their stead. If we are at such Care and Pains to discharge and prohibit the Sale of old European Plants, ought we not, with the same Rigour and Authority, to prohibit the Import of Tea deprived of its Smell, and long ago dried and prepared for the Use of the Chinese? The Man would surely be ridiculous who should import into Europe large Quantities of Tobacco, already cut small for the present Smoaking of the Indians, or Americans; or who should commend it on account of its unctuous Sulphur, or prefer it to large Pricks, made up hard and compact for the Sake of keeping; for cut Tobacco after it has been kept some Months and become dry, loses all its Virtue, and is despised by a phlegmatic European. It is also obvious from what has been said, that after
after the Chinese have toasted their Tea, they preserve it in close stop'd Vessels, that it may not be corrupted, or too much dried by the Access of the Air: It is, therefore, the Duty of every European to join in engaging the Legislature to put a Stop to this epidemical Evil, and prohibit the Abuse, not only of Tea, but also of Tobacco, since both of these, and Coffee, as I have before shewn, so enervate the European Men, that they become incapable of propagating their Species, like Eunuchs, some of whom are highly falacious; but it is sufficiently known, that they are incapable of Procreation, tho' they emit something analogous to Semen. For this Reason, the Turks perform Castration in a different Manner from the Italians, since the former cut off Penis, Testicles, and all; and the latter only the Testicles. The Curious may consult Bartholinus Anatom. Reformat. Lib. 1. at the End of which, they will be informed why, and when it happens, that Horses and Bulls procreate their respective Species after Castration: The Turks, therefore, left their Eunuchs should provide them with a spurious Progeny, treat them in a far more inhuman Manner, than the Italians do. Since we have mentioned the Turks, it will not be improper to observe, that the Persians, though falacious, are, ne-
vertheless, generally impotent: For since, on account of Polygamy, which they have in common with the Turks, they have a numerous Progeny to be supported; when they copulate with their Wives and Whores, they are not so solicitous to procure an Offspring, as, like the infamous Onan, to emit a vapid and unprolific Seed, which, on account of the Coffee corrupted in their Veins, may, by a Person acquainted with Chymical Principles, be justly compared to the Lees of Wine, in a great Measure deprived of the volatile Salt and Sulphur of the Wine: Or it may be compared to that of the Eunuchs of other less brutal Nations; or that of the Scythians, who are by Hippocrates, in Lib. de Aere, Aquis, & Locis, stiled emasculated and effeminate Mortals. The same Author, in the Work now quoted, affigns other Causes for the Sterility of the Scythians; "for, says he, they "make so deep Incisions in the Veins be-"hind their Ears, that when they come "to be married, they are impotent." But Olearius informs us, that without this Prac-"tice, the falacious Persians emasculate them-"selves only by the Use of Coffee: Nor is this surprizing, since Salacity, instead of promo-"ting Procreation, procures Sterility. Hence a common Strumpet rarely becomes preg-
nant, notwithstanding her frequent venereal Encounters with, salacious Rakes and Debau-
chees. Besides, there is a vast Difference between stimulating, cold, and languid Con-
stitutions to Venery, which is obtained by 
Rocket, and fecundating the 
Semen, which is obtained by some Vegetables, as Sweet Al-
monds, Pine Kernels, Pistachio Nuts, and Chestnuts; as also by Animals, as Capons, 
Larks, Thrushes, Kids-Flesh, Mutton, or Veal. I do not deny, but Coffee, Choco-
late, and Tobacco, have a Power of stimulating to Venery, but may yet induce Steri-
licity, because they consist of heterogeneous Parts, or rather act by their whole Sub-
stances: But all these Things are unfit for fecundating the 
Semen; as also all other Sub-
stances of a drying Quality, and not cold Substances, as is commonly believed. The 
Effeminacy and Impotence then produced by drinking Coffee, and smoking Tobacco, 
are sufficiently obvious. And to these two, if I am not mistaken, good Judges will join 
Tea, because according to Martinius, the Chinese by the last not only extinguish Thirst, but 
also dissipate their Humours to such a De-
gree, that they hardly ever spit. It is also 
by a drying Quality, that the Agnus Castrus, 
Rue, Mint, and Camphire, render Men im-
potent. Besides, Tea is to the Chinese them-
M 3 selves
selves only a new Thing, whose Virtues and Faculties they have not, as yet, sufficiently investigated; for which Reason I justly prefer to it our own Betony, which has been deservedly celebrated for so many Ages. The Chinese Incapacity of Spitting is, therefore, a manifest Proof that Tea contains a drying, though not an intensely hot Sulphur. I do not find it expressly affirmed by Authors, that Chocolate, as well as Coffee, produces Sterility and Impotence; since they rather assert, that it proves a Stimulus to Venery: A Circumstance confirmed by the Accounts of some Men of Learning and Penetration, upon their Return from Africa and America. But as Benzon informs us, "that Chocolate has a somewhat bitterish Taste, and refrigerates, or dries the Body, without producing the smallest Degree of Intoxication:" Hence we may reasonably infer, that as Chocolate agrees with Coffee and Tea, in one Third of its Qualities, so all these three exactly agree with each other, in producing Effeminacy and Impotence: But I shall not here attempt an Investigation of their other Qualities. I therefore hope, that for the future, the Europeans will be wise, and reject Coffee, Chocolate, and Tea; since they are all either equally bad, or equally good: Nay, I hope to
to see. People of all Ranks and Conditions, have as great an Aversion to them as the Mahometans and Turks, or rather their Em-
perors have to Tobacco, the Lovers of which, as well as those who are idle, prodigal, barren, impotent, or effeminate, they will not suffer to live within their Territories. There is another Method of producing Barrenness and Impotence, probably brought from Asia into Europe, which is the indif-
criminate Use of Venefaction, in both Sexes, behind the Ears, for intolerable Tooth-achs. But let me tell the Persons, who, despising the Authority of Hippocrates, suffer, like the Scythians, the Veins behind their Ears to be opened, that they will afterwards repent their Folly, when they find Sterility and Impotence to be their Fate. Some practical Physicians may furnish us with Instances of Tooth-achs, accompanied with Deliriums, and other violent Symptoms; but none of them seem to have observed, that a Tooth-ach, when removed by opening the Veins behind the Ears, has proved the Cause of Sterility, as Hippocrates, who, according to Macrobius, was never deceived himself, nor imposed upon others, affirms, not of a single Instance or two, but of the whole Nation of the Scythians. Let, there-
fore, the Masters and Mistresses of Fami-

M 4
lies reject the Custom of cauterising or opening the Veins behind the Ears, unless they incline that their Children should be cursed with Sterility, or Impotence, which are attended with a dire and numerous Train of Woes. So that we hope the Europeans will guard against Sterility; produced in the Indies by Coffee, Tea, and Chocolate; and in Scythia by opening, or burning the Veins behind the Ears.

Having already considered the Regimen of the Chinese, I shall proceed to take Notice of their Manners, Customs, and Dispositions: In the Execution of which Design I shall take my Accounts from Martinius, who, when treating of Quack-Physicians, affirms, that the Chinese, as well as the Cre- 
tans, are greatly addicted to Lying. The same Author, in his Atlas Chinicus, speaks in the following Manner: "The Europeans are superior to the Chinese in For-
titude, but the Chinese excel the Europeans in Brightness of Genius: They are also sagacious, cunning, intrepid, industrious, and dextrous, in managing sudden Emer-
gencies: Notwithstanding their great Ab-
bundance, they collect and preserve the most worthless Things, such as Dogs Bones, Feathers, and Hogs Bristles, which " they
they fell. Their Penetration often discovers itself by Fraud, Guile, and Imposition. Their Merchants are industrious and active, and the whole of the Inhabitants spare no Pains, and think no Labour too severe, when they have the smallest Prospect of Gain, because they always prefer Profit to Honesty. They have found and robust Constitutions, being accustomed to Fatigue from their Infancy: Some of them are of as fair Complexions as the Europeans."

As I have before compared the Chinese with the European Regimen, so I should here institute the Comparison between their Manners and Dispositions, if Barclay had not already executed that Design with great Judgment and Accuracy: Only I must observe, that their Cunning surpasses our Prudence, and that their Fraud sufficiently evinces their Inclination to deceive us. In a word, Cunning, Avarice, and Lying, are the distinguishing Characteristicks of the Asiatics, who yearly defraud the Europeans of such immense Sums of Money for Teas. As Hippocrates spared no Pains to remove and root out the Athenian Plague, so I have used the utmost of my Endeavours to destroy the raging epidemical Madness of importing Tea
TREATISE on Tea into Europe from China; since I have demonstrated, that the Chinese Tea, and the Chamaeleagnus, or Myrtus Brabantica, are Plants of the same Species. Let such, therefore, as are unacquainted with Botany, cease to use Chinese Tea, and in its Room substitute our European Chamaeleagnus. Tho' I have not Authority sufficient to force my Opinions upon others, yet let me perswade my Countrymen to use Betony, which, as Antonius Musa informs us, cures no less than forty Disorders, instead of the Chinese Tea, which is without Smell, corrupted by the Length of the Voyage, and destitute of the Qualities it is possessed of in Asia: Nor do I in the least doubt, but the European Betony would happily cure those Disorders, for which the Chinese recommend their Tea. The Physicians of China are indeed to be commended for curing Diseases by Abstinence from Meat and Drink, and the Use of simple Decoctions, or other similar Things; because Nature delights in Simplicity, is contented with little, and overpowered by a Farrago of compound Medicines.

If I should be laughed at for my Opinions, I shall comfort myself with this Reflection, that I have always had so sacred and inviolable an Attachment to Truth, that I have cheerfully gone whithersoever the
the led me; so that I may, with a few Variations, put a Close to this Work, in the Words of Cicero, in Academ. Quest. Lib. 4.

"If I had been induced to this Work by Oftentation, or the Love of Dispute, "I ought to be condemned, not only as "a Fool, but also as a vicious and immoral Man; for, if Obstinity in Trifles "is justly ridiculed, it ought to be much "more so in Affairs of Importance. During the whole Course of my Life I have "been impartial in my Searches after Truth, "and never attempted to impose upon the "Judgment of others; for I can swear by "the immortal God, that I not only have "an ardent Love to Truth, but also that "I speak the genuine Sentiments of my "Mind; for why should not I desire to "discover Truth, when I rejoice to find "what bears a near Resemblance to it. "As it is the peculiar Glory of the human Nature, to perceive Truth in its "genuine Colours; so, it is a Disgrace to "Reason to embrace Falsity for Truth. "I do not, however, lay claim to Infallibility, since I confess that I may err, as well "as other Men."

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